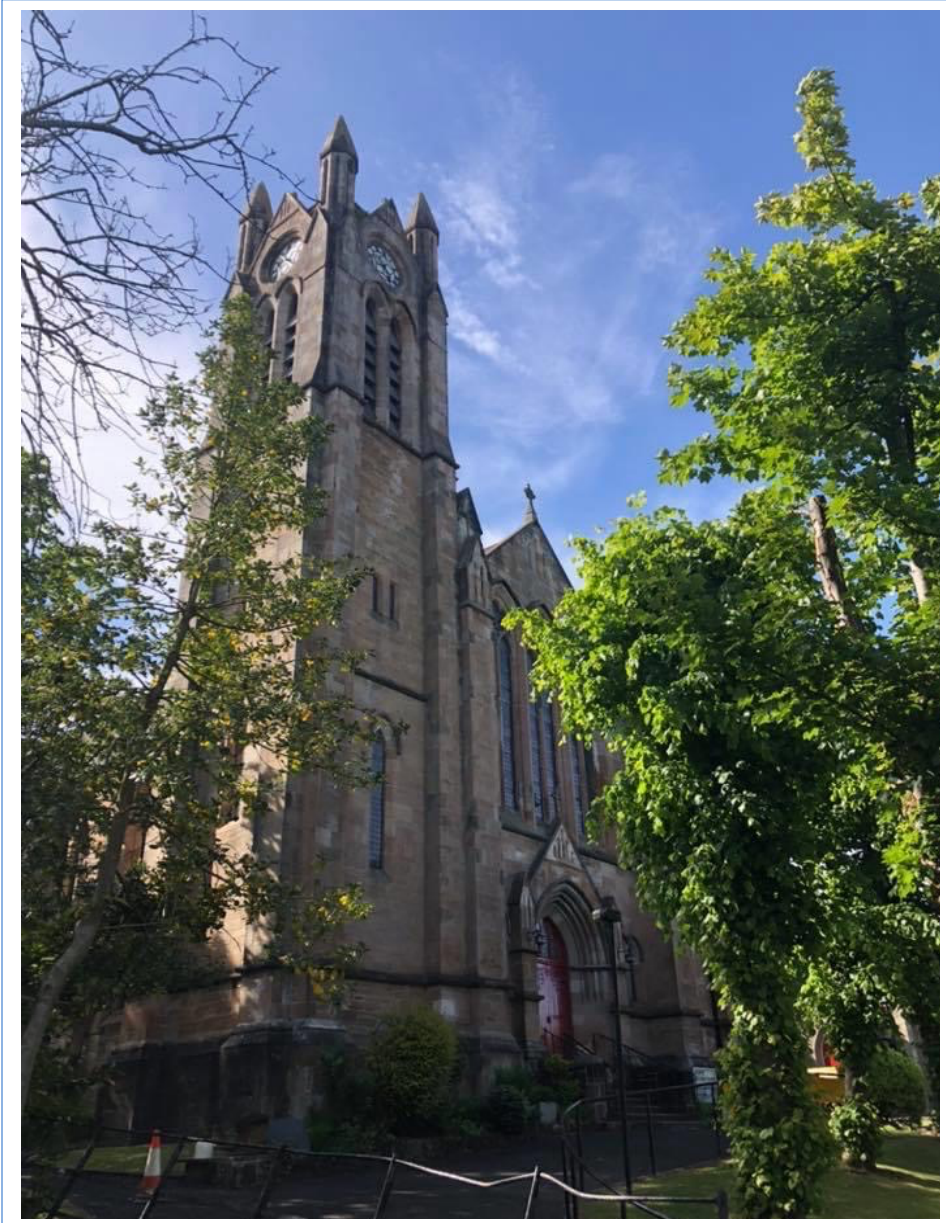


thegoodneighbour

MAY 2023



Living our **faith** by our **actions**  at the heart of the **community**

GreenbankParish
CHURCH

Parish Register

DEATHS

18/04/23 Mrs Moira Buchan, 23 F Kirklands Drive, Newton Mearns

"My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you?" John 14:2 N.I.V.

PULPIT DIARY

7 th May	10.30am	All Age Coronation Service of Worship followed by Community Picnic
14 th May	10.30am	Worship and Sunday Club/JAM
21 st May	10.30am	Worship & Sunday Club/JAM
30 th May	10.30am	Worship and Sunday Club/JAM
4 th June	10.30am	Sacrament of Holy Communion

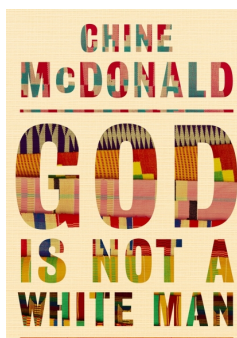
LIVE STREAMING OF WORSHIP

The technical equipment in the Church Sanctuary allows streaming via You Tube on Sunday Mornings.

Anyone wishing to view the service should click on the link, which is emailed to the congregation each week from the church office. The service can also be found by searching on You Tube. Once in 'You Tube' simply type in 'Greenbank Church Morning Service' and select the correct service. Please note that with live streaming there is about a minutes delay before the service is transmitted from the church to people at home. Please be patient if it is a little later than 10.30am before the service starts.

Those attending worship in the Church Sanctuary on Sundays are also asked to note that services are being streamed. The camera being used to transmit images is downstairs, just in front of the balcony area. The cameras will film the pews directly in front of it, the side pews at the front and the chancel area of the church. Members of the congregation who do not wish to be 'caught on camera' are asked to select their seats appropriately.

ACCESSING SUNDAY WORSHIP LIVE BY TELEPHONE OR AS A RECORDING For those who do not have a computer and are unable to attend church there is an option of using their telephone to listen to the service. Simply dial 0141 815 1166 at 10.30am if you wish to listen to the service live; alternatively you can listen to a recording of the most recent service from the Monday until the Saturday of the following week. When you dial to hear the most recent recording you will firstly hear a message from Jeanne and then some music. Please wait until the music stops and then, when asked to do so, press 1 on you telephone keypad.



SATURDAY MORNING BOOK CLUB

The next Saturday morning book club meeting will be held on Saturday the 13th of May, this is the 2nd Saturday in May instead of the first Saturday of the month, to allow anyone who wants to watch the Coronation to do so. This will be in the creche just off the hall of friendship at the usual time of 09:30 or 09:15 should you want to join us for breakfast, please remember to bring your own mug if you want tea or coffee. We are continuing to read Chine McDonald's book "God is not a white man", we will be looking at chapters 2 and 3 of the book. New members will be made very welcome, we a friendly group and would love to see you. For further information contact Ronnie McNeill on [0141 5776503](tel:01415776503).

Dear Friends

As our minister is on a well-deserved holiday, I have the privilege of writing to you this month.

As summer approaches, the topic of holidays has entered our conversations again. When I first joined Greenbank over thirty-five years ago, most Greenbankers seemed to head to Arran. Nowadays the answer to “Where are you off to?” seems to be the Canaries and Spain, which is also the most popular destination for UK holiday makers. Short or long, taking a break is not only appealing but also often necessary for our health and well-being. How often have you heard it being described as ‘getting away from it all’?

During Jesus’ ministry, he recognised the need for time for refreshment and renewal and also ensured that his disciples had the same. At a time when “so many people were coming and going that they did not even have a chance to eat,” Jesus says to His disciples, “Come with me by yourselves to a quiet place and get some rest” (Mark 6:31). Leaving so many people in need might seem selfish. But in fact, rest is one of the least selfish things we can do. Jesus understood the limitations of the human body and mind. He knew he would have nothing to give unless he took time to rest and recharge so it was actually one of the most loving things he could do.

Life for many of us has been challenging in the past few years. We have experienced the effects and fears of a pandemic. We watch as a war rages in Ukraine that seems too close to home. We worry as our bills rise and services, which we have taken for granted in the past, such as the NHS, are overwhelmed. Just as Jesus took time out to sleep in the middle of a storm (Mark 4: 35-41), we look for respite from the everyday cares and concerns. Jesus calms the storm and has faith that God is bigger and greater than any storm we face.

Rest will look different for each of us. For Jesus it seemed to be withdrawing to mountains and nature. Maybe you find rest in nature too, by water or in the hills or just walking round the park. Maybe it’s an afternoon nap, a cup of coffee with a friend, listening to music or reading. Maybe it’s running or cycling or in the gym. Or perhaps it’s packing your suitcase for a complete change of scenery either at home or abroad.

However and wherever we choose to rest and restore our physical and mental wellbeing, we also need to be aware that our spiritual wellbeing needs strengthening too. Jesus’ rest always involved connecting with God through prayer and meditation. In the same way, we should follow Jesus’ advice: “Come to me and I will give you rest.”

No matter where or how you choose to “get away from it all” this summer, keep safe, enjoy and return refreshed and restored.

Yours,

Jill

OFFERING INCOME

Dear Friends,

I wish to thank all those who continue to support the church, whether by standing order, direct payment into our bank account, weekly freewill offering or putting money in the offering bag each Sunday.

Offering income is essential to the work of the church and I thank all those who have responded to the financial appeal letter to the congregation last November. It is not too late – it is never too late – to increase your offering to Greenbank. You may also, or instead, make a contribution to the Greenbank's Restricted Fabric Fund. I recognise that some of us may not be able to increase their offering which makes it all the more important for those who can, to do so.

For those who may still feel uneasy or unable to come to church for whatever reason, but still wish to contribute financially, you may contribute by any of the above methods. For a standing order form, or details of the church's bank account to make a direct payment, please email me at alistairdsmith@ntlworld.com or write to me at the address below and I will be happy to assist. You may also post me a cheque and/or your freewill offering contribution to the address below. My address is 26 Stewart Drive, Clarkston G76 7EZ.

Thank you all for your continuing support.

Alistair Smith, Treasurer.

LEGACY FUND

Thank you again to all those who continue to contribute to our Legacy Fund.

Pledges can be, and have been, made for any amount of money you can afford, and spread over a few years by standing order if that suits you better. Alternatively, a one-off payment by bank transfer or cheque can be made, and you can also donate to the project online by logging on to our church website, following the link to the Legacy Project and clicking the red "Donate Online" button.

Spare pledge and bank standing order forms are available from myself or the Church Secretary, should you require any.

Please remember that **every donation**, of whatever size, is both needed and warmly welcome.

Alistair Smith, Treasurer

Tel: 0141 571 2676 Email: alistairdsmith@ntlworld.com

CORONATION

big lunch

Community Picnic

Sunday 7th May

Service at 10.30am followed by a community picnic from noon to 4pm in the manse garden.

Bring a blanket or chair to sit on and your own picnic. Tea and coffee will be available along with baking stall, children's garden games and activities.









Prayer Diary

"May is a blue and gold and green,
Not a trace of cloud is seen;
Yet I find along the way
Snowflakes falling all the day.

Dainty snowflakes fragrant white,
And there's not a cloud in sight,
Snow you cannot truly be-
You're just petals from the tree."

('May Snow' - Annette Wynne)

In May it feels as if the year's just getting going - gardens are starting to look good, and it's warmer, yet at the same time we're already heading towards the end of the year for schools and clubs!

-  This year, the start of the month sees the King's coronation, and our own much smaller celebration. Ask that we get some nice weather, and that a good time is had by everyone celebrating in a similar way all over the country.
-  This month, pray for all the boys and girls who've been, or are, sitting exams - that they've done well and get the results they're hoping for.
-  Pray for everyone bringing up a family, and ask for strength and wisdom for them, whether they're dealing with toddler tantrums or teenage sulks.
-  Pray for everyone who is trying to cope with serious illness, whether that's a diagnosis for themselves, or trying to care for someone else.
-  Pray for everyone who is struggling financially, whether that's through loss of work, or inability to cover the hike in the cost of living.
-  Pray for everyone who's struggling with loneliness. Those who are unable to go out, or those who have no-one to go out with.
-  Pray for victims of wars and disasters, for those who're repressed or persecuted, and for all those in positions of power, that they use that power wisely.
-  Pray for a better world, where many of the dark things that we pray about are no longer as prominent in our lives and in our thoughts.

'Every good gift and every perfect present comes from heaven; it comes down from God, the Creator of the heavenly lights, who does not change or cause darkness by turning.' (James 1:17)

Gillian Foy [0141 638 6245]
Prayer Promoter

PRAYER REQUESTS

If you need prayer for yourself, a loved one or a friend, requests can be sent to the Prayer Promoter, Gillian Foy via the church office at office@greenbankglasgow.org.uk Those for whom prayers are requested will be prayed for throughout the following month by members of the Prayer Group. Anyone who would like a copy of the prayer list, in order to pray for those on it, should contact Gillian.

What's On

FLOWER LIST FOR MAY 2023

We would like to thank Howard Family and Diane Adam for putting flowers in Church on 2nd & 9th April.

	Communion Table	Centenary Chapel	Side Windows
7th May	Isobel Blanchflower	Diane Adam	
14th May	Time Out		
21st May			
28th May			

A member of the Flower Committee will contact you during the week prior to your date.

If you would like to donate flowers for the Church, please put your name on the sheet on the Transept window sill.

With thanks

Elizabeth Cross (638 5162)

THE GUILD

A reminder for Guild members of the Afternoon Tea to be held at the Redhurst Hotel on Wednesday, 10th May at 2.00pm.

As our meetings end rather early in the year, we very much look forward to an enjoyable afternoon catching up with everyone. Let us hope the sun shines for us.

Enid Dron

Secretary

SUNDAY CLUB AND JAM



The **Sunday Club/JAM** will be hosting a **CORONATION-THEMED BAKING STALL** at the Coronation Big Picnic on Sunday 7th May, for which donations of baking would be greatly appreciated. Please leave these in the kitchen on the morning of Saturday 6th May. If you're wondering how to make your baking coronation-themed, you could use red, white and/or blue coloured icing, or sprinkles, or Union Jack or Crown or King Charles cake toppers. We're sure you'll have some great ideas and look forward to enjoying your baking!!

CLARKSTON COMMUNITY CHOIR SUMMER CONCERT

The Clarkston Community Choir invite you to join them for their summer concert on Friday 2nd June, 7:30pm, in Greenbank Parish Church. This concert features a fantastic variety of music, with songs by Randy Newman, Bette Midler, Maroon 5, Fleet Foxes, and more! We are also excited to welcome the six-piece band, Alba Challah, as our guests for the evening, who will perform their own arrangements of klezmer and world music, as well as accompanying the choir throughout the concert. Tickets £5, are available on the door or from choir members, and proceeds will be donated to charities nominated by choir members.

THE CORONATION

It is almost 70 years since we last had the chance to see a coronation in the UK. On Saturday 6th May, King Charles the Third will be crowned at Westminster Abbey in London. The Abbey has been the place where Kings and Queens have been crowned for over 900 years. The King and Queen will travel to the Abbey in a golden coach.

The ceremony is very grand with 2,000 invited guests. At the last coronation there were 8,000 guests and special platforms were built to hold them all but modern Health and Safety rules do not allow that. Guests are coming from all over the world as well as the UK, but many are ordinary people who have worked for charity or helped during the pandemic. They will watch as King Charles and Queen Camilla are crowned.



The King will wear St Edward's Crown, which weighs nearly 5lbs or nearly five bags of sugar - or, in this case, solid gold and 444 gemstones (444!) including rubies, amethysts, garnets, sapphires, tourmalines and topazes. Sovereign's Sceptre with Cross, the Sovereign's Orb and the Coronation Spoon, which is the oldest item, and which is used to anoint the King's head with holy oil.

The King will be crowned in St Edward's Chair, also known as the Coronation Chair, the oldest known piece of English furniture to be made by a named craftsman, Walter of Durham, in 1300. The chair was designed to hold the Edward I took from the Scotland as a punishment. The Stone was returned to Scotland in 1996 but will be

After the ceremony, which will last for about an hour, there is a 1.3 mile procession back to Buckingham Palace. There will be lots of coaches this time with the Royal Family in them with an escort of over 4,000 representatives of the armed forces. Once the new King and Queen arrive back at the palace, they appear on the balcony to wave to the crowds. Once that's done I imagine the King will be happy to take his very heavy crown off!

COMING TO THE CORONATION PICNIC? TRY A CORONATION CHICKEN SANDWICH.

Ingredients

- 6 tbsp mayonnaise
- 2-3 tsp mild curry powder, to taste
- ½ tsp ground cinnamon
- 2 tbsp mango chutney
- 1-3 tbsp sultanas, or to taste
- 500g shredded cooked chicken



Method

Mix the mayo, curry powder, cinnamon, chutney and sultanas together and season with black pepper.

Add the shredded chicken and stir to coat in the sauce. Stir in 2 tbsp water to loosen if needed, then season. Make your sandwich.



CANINE HEROES

In February 2023 a huge earthquake struck the countries of Turkey and Syria. Buildings were destroyed and men. Women and children were caught under the rubble. Dogs from around the world were flown in to help find survivors. The dogs are trained to sniff out a human scent, stand at the spot and bark loudly to alert their handlers to the spot where they have found it. A second dog is then sent to check it and if it barks too the job of digging a survivor out begins.

Usually, dogs fly in the hold of a plane along with the luggage, but the people of Turkey were so grateful that Turkish Airlines flew the dogs home in business class. No wonder this dog looks so happy

Hi everyone,

I hope you all had a very Happy Easter, and had a good time while off school too. I suppose you've finished all your Easter eggs a long time ago!

April and May are important months for some of our JAM members sitting exams. The Sunday Club and JAM leaders, along with members of our congregation, will be thinking about you all, and praying for you. This prayer is for them –

Lord Jesus,

We pray that you will be with all of our young people as they sit these exams which will help to shape their futures.

May they know how much you love them and care for them,

and may You help them to stay calm, and enable them to recall what they have learned.

We give thanks for their teachers, parents and all who have helped prepare them for the exams.

We ask all these things in Jesus 'name, Amen

This May there are usual 2 holiday weekends in May – and ALSO AN EXTRA HOLIDAY WEEKEND - because of King Charles III's Coronation on Saturday 6th May! That's definitely something to cheer about, isn't it?

There will be a special Family Coronation service at church on Sunday 7th May, with a Big Picnic and face-painting, nail-painting and lots of other games and activities for you to enjoy. We hope you can all come along and join in the fun!

On Sunday 7th May, there's a special Coronation Family Service in church, and we hope you will all come along with your families to that too.

This is what's happening on the other Sundays in May -

Sundays 14th May & 21st May Sunday Club as usual

Sunday 28th May Sunday Club on holiday

Sunday 4th June Sunday Club as usual, with Sunday Club/JAM coming into church for Communion

All the Sunday Club/JAM leaders are looking forward to seeing you at all these events.

Helen

Royal Wordsearch

Can you find the royalty hidden in this puzzle?



QUEEN, KING, PRINCE, PRINCESS, DUKE, DUCHESS, CASTLE, SOVEREIGN,
ROYAL, ROYALTY, THRONE, CROWN, REIGN, JUBILEE, CORONATION,
FAMILY, PALACE, MONARCH, DOMINION

THE BOY IN THE TENT



When Max Woosey was ten years old he bravely took on the challenge to live in a tent to raise money for the hospice that looked after his friend. He stayed in the tent for three years and raised £700,000 which will pay for 15 nurses for the hospice. He came out of his tent on 1st April, which is just as well as Max, now 13, has been invited to attend the Coronation.

**HAPPY BIRTHDAY
TO EVERYONE
WHO HAS A BIRTHDAY
IN MAY.
HAVE A GREAT DAY!!**

News and Updates

CHURCH OFFICE

We would like to extend a warm welcome to our new office administrator, Sharon McPherson.

The office hours are now as follows: Tuesday, Thursday and Friday, 9.20- 2.20pm.

Please use the same email address and telephone numbers:

office@greenbankglasgow.org.uk and 0141 644 1841.

All emails and phone calls will be responded to as soon as possible.

ARTICLES FOR THE JUNE ISSUE OF GOOD NEIGHBOUR SHOULD BE SUBMITTED TO GREENBANK OFFICE AT office@greenbankglasgow.org.uk & JILL LIDDELL AT: liddell.jill@gmail.com BY SUNDAY 14th MAY PLEASE
Please note this will be the last magazine until September.

STAMPS

Old style FIRST and SECOND class stamps are now set to EXPIRE on 31st JULY 2023

Many thanks from Duncan and me for all the stamps brought to the Church vestibule boxes and the Guild.

All postage stamps are welcome. QR strips should be retained and it is most helpful if stamps are retained on a modest portion of the envelope, and not trimmed very close to the perforations.

Elizabeth McKenzie

HALL HIRE

Greenbank church Halls are available to hire for children's parties. There is plenty of space to run around, play games and have fun. For further information, contact the Church Office on office@greenbankglasgow.org.uk or leave a message at the church office on 0141 644 1841

BUSHIDO KARATE CLUB



www.bka.scot

www.bka.scot

During the Easter holidays we invited all our adults lower (KYU) grades to come along and train with the Black Belts. These were both great nights and the hall (DOJO) had a great buzz about it. I remember being told that you always know when students have had a good training session as they stay behind after class talking about the experience - I had to turn out the lights to get them to leave. It was also a great way of deepening the bond between students in our club.

We are still in preparation for the Black Belt Grading for the Association being held at the end of May where we will be putting forward several students.

starts which has been great.

Best wishes
John Elliot

DONATING TO THE LODGING HOUSE MISSION

Donations for the LHM can be put on the trolley in the Link building on Monday, Tuesday, Thursday and Sunday mornings. UHT milk, kettle foods eg pot noodles, tinned soup eg tomato, chicken and mushroom, tinned stew or mince and tinned beans are particularly requested. Sugar, clothing, toiletries, towels, duvets and bedding are not needed at the moment.

Envelopes are also available for donations of money. Please complete your details on the envelope (so that Gift Aid can be claimed if relevant and your donation can be acknowledged) and either hand to me, place in an offering bag during the service or post in the letterbox at the entrance to the church halls. Please do not leave envelopes on the trolley with the other donations. All donations are very much appreciated.

EASTER EGG APPEAL

Below is an extract from a letter from Deacon Claire Herbert, the Chaplain at the LHM.



I am writing to acknowledge and thank the congregation at Greenbank Church for their generous donations of Easter Eggs in support of our Easter appeal. Your donations will greatly assist us to spread the message of hope amongst people experiencing homelessness, vulnerability and social exclusion at the Lodging House Mission here in Glasgow.

We know none of our work would be possible if it were not for the support and prayers of congregations such as Greenbank, so please accept our heartfelt thanks. May God bless you as you have blessed the least of these brothers and sisters of Christ.
(Matthew 25:40)



The posters for Playlist for Life are now displayed around the church, advertising the benefits of music to dementia sufferers, and stating that Greenbank Church is a registered Help point. There are also some paper resources on the table in the Hall of Friendship and Link Building - conversation starter sheets (one is included in this issue); music for dementia leaflets; and workbooks to help people create the soundtrack of their life. We have a plentiful supply of these resources, so please help yourself, and pass on to anyone you feel may benefit.

You can find out more using the link below

<https://www.playlistforlife.org.uk/>

Conversation starters



Playlist for Life is a charity that specialises in harnessing the power of music to connect people, and to help those living with dementia and those who care for them. **We want everyone to have their own playlist of music that means something to them.**

The 'soundtrack of your life' is a personal collection of songs that gives you that flashback feeling whenever you hear them. Start building the soundtrack of your life by collecting your musical memories using the prompts below. You can start with any prompt you like. On the next page you can create a playlist for someone else.

This playlist belongs to: _____

Your 'Memory Bump' (strong memories formed aged 10-30)

Can you think of songs that remind you of your youth?



Song

Memories

Party tunes

Which songs always get you dancing and/or singing along?



Song

Memories

Special moments and milestones

Which songs take you back to a special memory in your life?



Song

Memories

Hobbies, interests and beliefs

Are there pieces of music that make you think of a group that you belong to?



Song

Memories

Songs from childhood

Are there nursery rhymes or songs from a children's TV show that you loved?



Song

Memories

Holidays

Which songs remind you of a favourite holiday?



Song

Memories

Important places

What songs remind you of your hometown?



Song

Memories

TV themes

Are there TV shows with theme tunes you'll always remember?



Song

Memories

Important people

Think of a person who's important to you. What songs remind you of them?



Song

Memories

Concerts you've been to

Which tunes remind you of the best live music event you've attended?



Song

Memories

To find out more about connecting through music, visit www.playlistforlife.org.uk



@PlaylistForLifeUK



@PlaylistForLife



@PlaylistForLifeUK

Playlist for Life is a registered charity: SC044072

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