

thegoodneighbour

March 2021



Living our **faith** by our **actions**  at the heart of the **community**
GreenbankParish
CHURCH

Parish Register

DEATHS

3/2/21 Mr Francis Redmund, 64 Craighill Drive, Clarkston

14/2/21 Mrs Jenny Scott, Parkhouse Manor Nursing Home, Parkhouse Road, Barrhead

"My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you?" John 14:2 NIV

WORSHIP AT GREENBANK – FEBRUARY/MARCH 2021

Greenbank Sunday worship continues at 10.30am each week via **zoom**

[Link: <https://us02web.zoom.us/j/757322655> Meeting ID: 757 322 655]

Thursday Sundown Services continue too at 7pm via **zoom**

[Link: <https://us02web.zoom.us/j/85703523045> Meeting ID: 857 0352 3045]



Online worship can be accessed by telephone by dialling +443300885830 or +44203415240 or +441314601196 followed by MeetingID and the # key on the phone

A recording of the service can also be accessed by telephone or on the church website at any time.

Please see below for details:

Accessing worship by telephone or on the Church website

It is now possible to access a recording of Greenbank's Sunday worship by telephone by dialling 0141 815 1166. This means that although members of our congregation are unable to attend worship in the church at present, it is still possible to access Sunday worship each week, even if you do not have internet access. The recorded worship service will be updated each week so that those who do not have internet access can listen to the most recent Sunday worship service by phone at any time during the week.

Please pass this information on to anyone you know who would like to access a recording of our Sunday worship and particularly to those who do not have internet access.

A recording of Sunday services will also be available on the Greenbank website:

<http://www.greenbankglasgow.org.uk>

Sunday Club will take place on zoom every Sunday at 11.15am. The link is:

<https://us02web.zoom.us/j/9284616761?pwd=UVBaSE9XeDIHTGFGRII0MFF5TTIFUT09> Meeting ID: 928 461 6761

Passcode: 936527

BEFRIENDERS

KEEPING IN TOUCH IN DIFFICULT TIMES

We appreciate that these are very difficult times for us all, when we are being asked to keep social contact to a minimum and avoid visiting those who may be most vulnerable in contracting the coronavirus infection. Yet reduced physical contact can lead to people feeling very isolated and anxious, especially when social gatherings, including worship services, have ceased for the foreseeable future. One way we can help our parishioners at this time is by telephoning them, having a chat and checking if there is anything they need. We hope to call on those who live alone and may appreciate the contact. We are looking for volunteers who would be willing to call a small number of people to have a chat and ensure that all is well. If you would like to help, please email Jane Mayer at the church office office@greenbankglasgow.org.uk

If you are reading this article thinking that you would like to have a regular phone call from a Befriender, please email the church office at the address above or leave a message on the church office answering machine by phoning 0141 644 1841.

GREENBANK CHURCH FACEBOOK PAGE

The church face book page is a valuable source of information. There are often daily updates there. If, like me, you do not use Facebook or have a personal Facebook account, you can still access the church Facebook page. To do this, visit the church website at www.greenbankglasgow.org.uk Scroll down to near the bottom of the home page, where you will see the Facebook icon (a lower case f in a square). Click on this, then click on posts. You will be able to view information which has been posted there, which might include, for example, zoom links, bible readings, photographs, and requests for donations etc. I find this source of information really useful, and hope you do, too.

Alison Allan

Dear Friends,

While there are no certainties yet, with the roll out of the vaccine programme the possibility of a return to meeting up once again with friends and family seems a little closer.

It will probably take a while, but thanks to modern medicines and scientific research progress we now have hope that the restrictions we are currently living with will come to an end. I was tempted to write that we will return to normal but I am sceptical that the old normal can or will be returned to. Looking to the future many are concerned about how the economy and society will emerge and rebuild after the pandemic. The question of how our Church will emerge and rebuild is no less important.

The mission of the church is to reach out to people with the message that God is there to care for them. Post pandemic, this will be a vital message for the mental, emotional and spiritual well-being of people in our church and community. Our Legacy project aims to enhance this message with modern, sustainable and environmentally friendly facilities that will aid resilience and recovery after the Pandemic and bring hope to the lives of all generations in our community.

To make this happen, we need to raise money and so, in addition to the sale of the North site, a number of approaches are currently being taken to gathering the funds needed. Grants are being applied for and fundraising events are being organised but much of the money will also need to come from us, the church congregation. Everyone has already been invited to give what they can. We give thanks for the donations and pledges of financial support already received which have put us well on the way to reaching the total that we need. Ideas for fundraising events are also sought and if you need more information or want to plan something please email me or Jane at the church office.

As we stand on the cusp of hope and possibility that the pandemic restrictions will soon ease, so also the hope and possibility of a bright new future is beginning to emerge for Greenbank.

In these Lenten days as we accompany Jesus on His Calvary journey, may we be blessed and lifted up with hope and possibility and know ourselves to be Spirit led in our commitment and costly service to God.

Yours,



WORLD DAY OF PRAYER

FRIDAY 5th MARCH 2021

Services

Keep in regular contact with your local clergy and local church officials. Ask for their support and follow their guidance if, in March, worship is a possibility in church. Please keep an eye on the Scottish WDP website (www.wdpScotland.org.uk) or WDP Scotland facebook page for up dated advice and other alternatives.

The following options are being provided by the Scottish committee for those who are unable to attend any other worship.

An Easy access Zoom Service with internet and telephone links.

The Scottish committee invite you to join them in a live Zoom service at 2pm. It is being hosted by Augustine United Church in Edinburgh with participants from across Scotland.

For joining details see WDP website or WDP Scotland Facebook or use the Zoom link. Webinar ID: 895 9398 3883
Passcode: 901656

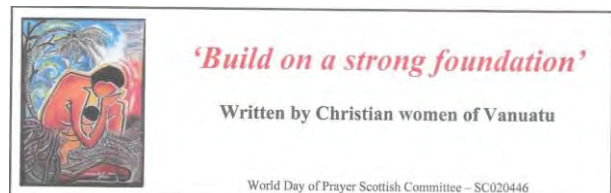
If you do not have internet access you can join us using a landline 0131 460 1196. You will be asked for the above webinar ID and passcode. There may be costs involved.

The Service will then be posted on our website and facebook page for later access.

10 days of prayer

Starting on Tuesday 23rd February we are planning "10 Days of Prayer" which will be posted on our facebook page every morning and on our website. We are inviting the national leaders of 10 denominations to share a Thought for the Day focusing on Vanuatu and one of the Scottish committee will end with a prayer.

If you have any questions please phone Rev Ann Wren 07900512062 or Marjorie Paton 01764 682234 for help or advice.



Prayer Diary

"Gentle Spring's around the corner,
Waiting just to show her face
And to bring us flowers and sunshine;
Winter's almost run his race.
Be not, then, my friends, discouraged
That there's cold and ice and sleet;
For Springtime soon will be with us,
And the flowers we will greet:
Daffodils, so bright and yellow,
Hyacinths of varied hues,
As they nod their heads, in gladness,
Telling us they bring good news..."

('Springtime' - Gertrude Tooley Buckingham)

It's been a chilly start to the year - frosty days, snowy days, sleety days, but already the days are getting longer.

Last March, we were worrying about Covid-19, but we never thought then that it would still be so much a part of our lives a year on. As ever, remember all those who've been lost, or who are ill, and all their families and friends - grieving, or worrying.

Keep in your prayers everyone who is struggling to make ends meet, be it through losing their job, having their income reduced, not being able to find work, or finding that their income just doesn't go far enough.

Please also pray for anyone who is feeling increasingly lonely; for anyone who has lost their home and is having to live on the streets in all weathers; and for anyone who just cannot shake off the weight of depression and anxiety.

Ask that the vaccines continue to roll out across the country as quickly as possible, and that they start to make a real difference to how we can live our lives. Not just so that we can get out and see each other and do the things we like to do, but also for the many people whose livelihoods depend on us being out and about. And ask that countries across the globe will pull together in the aftermath of this pandemic to help and support each other in all ways.

Pray also that our plans for Greenbank make good progress now that we know which path our feet are on. And say thank you for all the hard work that Jeanne does on our behalf.

"May God's spirit surround you,
and those whom you love.
Rest now, in that calm embrace,
let your hearts be warmed
and all storms be stilled
by the whisper of his voice"
(John Birch)

PRAYER REQUESTS

If you need prayer for yourself, a loved one or a friend requests can be sent to our Minister, Rev. Jeanne Roddick at JRoddick@churchofscotland.org.uk or the Church Secretary at office@greenbankglasgow.org.uk. Alternatively, you can phone our Prayer Promoter, Gillian Foy. Those for whom prayers have been requested will be prayed for throughout the following month by members of the Prayer Group.

Gillian Foy (0141 638 6245)

HELP IS AT HAND!

Our outreach to all members of our community is continuing, to let them know that even in isolation they are not on their own: if you would like a chat, or help with shopping or medication, please email office@greenbankglasgow.org.uk or leave a message on the church office answering machine (0141 644 1841).

You do not need to be a member of the church to be supported.

Do not hesitate to get in touch at any time.

If you have any queries about anything to do with church please feel free to contact Jane or our minister, Jeanne, at 0141 644 1395 or jroddick@churchofscotland.org.uk

TRIBUTE TO DOROTHY HUDSON

Read in Greenbank Parish Church on 6th February 2021.

Dorothy Hudson, one of elders died on 21st December 2020.

Dorothy, or Dot as she was known, was born and brought up in Clarkston by her parents Ralph and Margaret. She went to Carolside Primary School where she met her good friends Pat and Fiona. She then attended Eastwood High School before going to Stow College where she passed her City and Guilds in Hairdressing. Dot's first job was with Isabel Rennie before going to work in her mother's salon in Eastwoodmains Road. After Dot's mother bought the Williamwood Salon in Seres Road, Dot went to work there and remained there for the rest of her working life.

Dot met her husband, Mike, at a disco in the Redhurst Hotel and Mike loved Dot from the first moment he saw her. They were married in Greenbank Church in 1974 and they had their wedding reception at the Redhurst Hotel before honeymooning in Arran - a place Dot loved.

She and Mike later had numerous holidays together in Majorca, Tenerife and Florida. They visited Dot's cousin in Barbados a couple of times and they spent their 25th wedding anniversary in Mauritius.

Dot was close to her sister Barbara, her husband Paul and their daughters, Linda and Maisie. After Mike retired and with the onset of Dot's illness, holidays were spent with her sister Barbara and her family in Market Drayton which Dot loved.

Dot was a keen and competent golfer and a member of Cathcart Castle Golf Club. She was also a member of the Carolside Townswomen's Guild Theatre Players where Mike saw her play a part as Lady Marcia which he says was a frightening experience! She also enjoyed baking.

Participating in the life of Greenbank was important to Dot. She was christened at Greenbank, attended the Sunday School, Brownies and Guides and was ordained as an elder in 1998. She fully participated in the work of the Kirk Session and in church social activities. Her work was admirable as Greenbank's Lodging House Mission representative. Dot proactively supported the work of LHM by raising awareness and initiating fundraising activities.

Dot worshipped at Greenbank each Sunday, bringing a selection of sweeties with her, which she would distribute round the congregation before the service began. She was very popular and had a lovely personality. She always looked so lovely with her immaculate clothes, hair and makeup.

Dorothy Hudson had a kind and generous personality, which touched everyone she met. She was devoted to Mike and he to her and to the end Dot maintained a twinkle in her eye. She never forgot Mike and what he meant to her.

Today we give thanks to God for the life and service of Dorothy Hudson and commend Mike and the wider family to the love and care of our Lord Jesus Christ.



SATURDAY MORNING [BREAKFAST] BOOK CLUB

The next meeting of the Saturday morning book club reflecting on *Rewilding the Church*, by Steve Aisthorpe will take place on 6th March 2021 at 9am [8.50am for a chat and breakfast]. Whether you have read the book or not – anyone is very welcome to come along and join the discussion.

The meeting ID is: 87333544421.

RETIRAL OF A DISTRICT ELDER

Anne Jaap has decided to retire from her role as District Elder to District 66. Anne has been thanked for her many years of dedicated service to her district members.



To compensate for the fact that Covid restrictions prevented our congregation from collecting for CHAS [The Children's Hospice Association] after our Christmas services, our local Co-op [across the road from the church] has, on Greenbank's behalf, presented a cheque for £250 to the charity.

We are very grateful to the Co-op for this gesture and for their generosity.

News and Updates

ED LINES

Hi Folks,

I've been doing a bit of training recently. My goal? In another mad moment, I signed up to do a "Durathon". What it entails is a three mile run followed by a 25 mile cycle, then another 3 mile run. To be honest I have a friend in the States who does things like this all the time. I, mistakenly as it turns out, thought if she can do it so can I. Now, I've been cycling for a while and do about 20 miles regularly so that's not a problem. However, I'm not a runner. The last time I ran was when I beat Moira McAldine in the mother's race at Carolside School sports! So, armed with my secret weapon, my own personal trainer (Donna) I set out to achieve my goal. With much ear bashing, nagging, support and encouragement we approached the 3 mile mark only to be faced with the hill that is Kilpatrick Gardens!

"Donna," I gasped, completely out of breath, "I'll never do it."

"Of course you will mum. Don't look too far ahead, take things gradually, a step at a time. If you feel tired, have a rest then start again and you'll get there."

We all have goals. Some want to run a marathon, or climb Ben Nevis or do a "Durathon" but others have more basic goals. For some, getting up out of bed is challenging and getting dressed is a major achievement, especially at this time when it seems we have nothing to look forward to. This past year has been a difficult time for all of us. But don't look too far ahead. If you feel tired, have a rest then start again. Take things gradually, a step at a time and you'll get there.

With a little encouragement, love and support, we can all attain our goals no matter how great, how small or how far away they seem.

Alison

ARTICLES FOR THE APRIL ISSUE OF GOOD NEIGHBOUR SHOULD BE SUBMITTED BY SUNDAY 14TH MARCH PLEASE



Happy Birthday Daniel MacIntosh !

Daniel will be 18 on the 12th of March. Happy Birthday Daniel from all your friends at Greenbank.

You have grown up into a fine young man and we're all proud of you.



Congratulations to Mrs Joyce Mellish, Diane and Roddy Seivwright and Moira and Graeme Simpson.



Mrs Mellish became a great grandmother and Diane, Roddy, Moira and Graeme became grandparents when their daughters, Shirley and Heather, gave birth to their baby boys. Shirley and Liam had Finn on the 10th of August and Heather and Kris' son, George, was born on the 29th of December.

Well done girls!



BUSHIDO KARATE CLUB

The Association had a competition to design the 2021 BKA Calendar. The judge was Austin Lafferty - lawyer and celebrated artist who is a Senior Black Belt in our Association. The winner of the competition was Isla Mitchel from our Greenbank Club where the feedback from Austin was:

"This is one of the most eye-catching artworks I have ever seen in this competition. In one sense it is a simple silhouette, but the vibrant colours, which to me as an artist and karateka are a dramatic counterpoint to our plain

white Gi's, echo the chi energy and spirit that works away inside all of us. The spray motif adds to the energy and movement. The whole scene beautifully tells the story of practising karate physically and mentally".

Brilliant work, Isla.

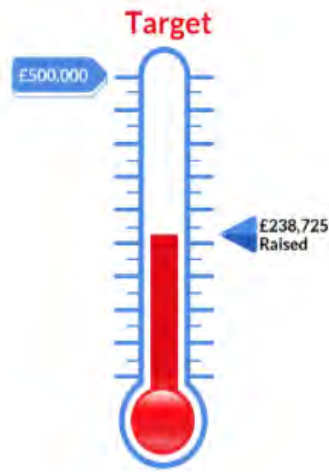
Best wishes,

John Elliot,

Bushido Karate Association Chairman

LEGACY FUND - CONGREGATIONAL PLEDGES

I want to record a big thank you to all those who have managed to contribute so far towards our Legacy Fund. As at 12 February, 238 of our members have pledged a total of £238,725.



At present our congregational roll totals 696 members. **Nearly half way there already!**

We only sent out the pledge forms for this appeal during the first week of December, so in the first 10 weeks, we have raised nearly half of our overall target of £500,000 which is a very encouraging start.

Pledges can be, and have been, made for any amount of money you can afford, and spread over a few years by standing order if that suits you better. Or a one-off payment by bank transfer or cheque can also be made.

Every donation is warmly welcome, and based on the number of pledges to date, compared with the number of members, we are hopeful that our target can be reached, if not exceeded, in which case our vision can become a reality.

Alistair Smith

Treasurer

Tel: 0141 571 2676

Email: alistairsmith@ntlworld.com

FOR LENT ...

AN EXAMEN IN THE MIDST OF LOCKDOWN

© Tim Watson Published 2021 by Proost [www.proost.co.uk]

Looking Back

As I reach the natural end of another day, I take a pause
I stop for just a moment and pray
I do this not to add to the list of things "to do"
But to take stock
And ask myself some questions
How have I been kind to myself?
How have I managed the expectations placed upon me?
Where and when have I struggled?
When have I felt shame in being me?
Why have I responded to the challenges of this day in the way that I have?
What resources have inspired and held me today?

Looking Ahead

As I reach the natural end of another day, I take a pause
I stop for just a moment and pray
I do this not to add to the list of the things "to do"
But to look ahead
And ask myself some questions about the days that follow
Because the days that follow will mean different things to different people
How do I feel about the days ahead?
Am I afraid of what might happen?
Am I worried about anyone in particular?
Do I bear the weight of the expectations of others?
Do I feel safe in these times?

As I reach the natural end of another day,
I take solace in the knowledge that I am not alone in all this
That the God of eternity is with me
That the God of eternity walks with me each day
As I take step after step after step
Amen

KIRK SESSION – WHAT DO THEY TALK ABOUT?

The Kirk Session held a virtual on line Zoom meeting on 1st February with 51 members attending and they received updates on a range of issues.

Worship: The Session noted that Zoom services were continuing each Sunday at 10.30am and on Thursday evenings at 7pm. Breaking into chat rooms following Sunday worship has proved to be a successful way to keep in touch whilst we cannot enjoy meeting each other for tea and coffee in the Fraser Hall.

Outreach: The Glasgow North East Foodbank has resumed normal opening times and had a very busy December. Clarkston & District Christian Aid committee met in January to discuss possible fundraising activities in 2021 including a quiz and virtual online Art Exhibition and Sale.

The Kirk Session noted that The Lodging House Mission has closed for a second time due to staff members testing positive for Covid-19. Greenbank continues to collect donations of goods each Sunday for The Lodging House Mission.

Finance: The financial position was updated and it was noted that Offering Income had continued to decrease in the first few weeks of the year. Due to the high proportion of offerings made by standing order the impact of the coronavirus had been mitigated affecting only weekly freewill and ordinary offering income. Since the New Year The Guild has made a donation of £1,000 to the church to be split equally between general Church Funds and the Legacy Fund. The lost revenue from our hall closure due to lockdown continues to adversely affect our finances, even allowing for the mitigation of this by reduced expenditure on maintaining the premises.

The Treasurer also reported that following the approval of the Session and Congregation of the Legacy Project last year, our Legacy Fund is now set up. Since the issue of pledge forms during the first week of December 2020 we have received a total of 163 returned forms, representing 218 members, with a total value of £223,854 with related gift aid of £51,946. Of this pledged money a total of £56,592 has been received up to 31 December 2020 with related gift aid of £13,311.

The Treasurer presented the Annual Accounts for 2020 which were approved by the Kirk Session. Copies of the accounts will be sent to members once they have been examined by the Independent Examiner.

Fabric: The Property Convenor advised that the gutters would be cleaned the following week and the annual electrical PAT test would take place in a couple of weeks. Repairs were outstanding on two of the church floodlights. Repairs had taken place to the fans on two of the church's three boilers and the heating system was now working normally.

Fellowship: The Fellowship Coordinator encouraged Elders to identify district members who would benefit from a Befriender's visit. The Guild continues to keep in touch by phone while Time Out uses What's App to keep in touch.

Youth: Sunday Club and Jam continue to meet online each week. Some of the young folk have been painting Remembrance Stones and added these to the Sunday Club caterpillar in the church grounds. There was much activity by the group over Christmas including organising the Gift Service, dropping off goody bags to Sunday Club and Jam members' families and organising the Nativity Play online. Since the New Year the Sunday Club and Jam continue to meet online on a Sunday morning. The 1st A Clarkston Guides have been meeting regularly on Zoom as do the 1st A Clarkston Brownies.

Legacy: The Kirk Session received an update on the Legacy Project, details of which are on page 6 of Good Neighbour.

Communion: This will be held on Zoom on Sunday, 7th March assuming current restrictions continue to apply.

Easter Services: The Moderator advised that she proposed to have a Maundy Thursday service, a short reflection service on Good Friday and an Easter Sunday morning service. Services would be subject to any Coronavirus restrictions at the time.

Other Matters: The Kirk Session dealt with a number of administrative matters including the following:

Attestation of the Roll at 31st December 2020, confirmation of the Safeguarding and Data Protection statements, new members and the reappointment of a Presbytery Elder. Ian McTurk was thanked on retiring, after many years, as Life & Work Distributor. The Kirk Session agreed to place Anne Jaap on the Retired Elders List. Anne was thanked by the Moderator for her many years of service to the church as an elder. The Kirk Session also agreed to donate from the Crisis Fund £3,000 equally between The Lodging House Mission, Christian Aid and the Glasgow North East Foodbank.

Please speak to your elder if you would like any further information on the above.)

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Hi Guys

The Royal National Lifeboat Institution or the RNLI was founded on 4 March 1824. It was first known as the National Institution for the Preservation of Life from Shipwreck.

The RNLI is a charity that saves lives at sea around the coasts of the British Isles, as well as inshore. It provides a 24-hour lifeboat search and rescue service around the coasts of the UK and RoI, as well as a seasonal lifeguard service on many of the busiest beaches. Lifeboats and Lifeguards do not get paid for risking their lives for you! They all volunteer. These volunteers come from all walks of life, doing this vital lifesaving work on top of their day jobs. Some are doctors, dentists, shop keepers and postmen and any other job you can imagine. Grace Darling was one of the first lady lifeboat rescuers. She became a national heroine after rowing out to save seamen from a steamship in the North Sea. During the First World War lifeboats launched 1,808 times and saved 5,332 lives and 6,400 lives in the Second. There are 238 lifeboat stations and 444 lifeboats in the U.K. They have saved 143,000 lives since they started. Good to know they are there when you need them.

Al the Ed



HAPPY MARCH BIRTHDAYS



to Daniel Mackintosh, Cara Hood and Benjamin Wilson. Have a great time guys.

FIND THE WORDS

shipwreck, lifeguard, national, lifeboat, darling, heroine, dentist, postmen, seamen, royal

l i f e g u a r d
d t a o b e f i l
e n i o r e h i a
n a t i o n a l y
p o s t m e n n o
s e a m e n t a r
s h i p w r e c k
d a r l i n g u e
d e n t i s t t s

WE CAN BE HEROES (PG)



Looking for a good lockdown film? Then try this one on Netflix.

When alien invaders capture Earth's superheroes, their kids must learn to work together to save their parents - and the planet!

HOME MADE SELF PROPELLED BOAT

You will need:

a margarine tub, yoghurt pot, 2 lolly sticks, super glue, duct tape, acrylic paint, elastic band, extra lid



1. Stick your lolly sticks to the side of your margarine tub. and secure it with some strong duct tape. Now stick the yoghurt pot stuck down on the lid in the same way.
2. Paint the boats in chosen colours. Once dry stick tape or ribbon as a decoration and add some windows.
3. Then cut a piece of plastic from your extra lid for the paddle. Make it fit the width of your craft, but not too wide, so that it gets stuck as it goes round. You may want to trim it. Cut slits through and then put ONE piece of the elastic through it. We found if ONE elastic is woven through, it spins better than if you do both.

Hi everyone,

I'm writing this on Valentine's Day, and we were talking on Zoom this morning about today being about love, and about being loving and kind to people. We also talked about Pancake Tuesday on 16th February, and Lent starting on Wednesday 17th February. Lent is part of the Christian year and is the 40 days leading up to Easter, when we try to give up something that is difficult for us to give up – like eating chocolate or cakes, or crisps, or drinking fizzy drinks. Some people also like to raise money for charities while they're giving up these things. We've got some fun Lent Challenges for you –

40 Minutes/40 Bags – these are small fun activities that you can do each day of Lent and I hope you have fun doing them.

Wonder Walks - there's one of these for each week of Lent. There's a short Bible passage to read and there's also some fun things for you to do as you go for a walk. You can find them at the end of Good Neighbour or download them at:

<https://www.muddychurch.co.uk/lent-40-moments-and-40-bags>

<https://scottish.bible/wonderwalks/>

We're really looking forward to hearing which ones you've managed to do. **HAVE FUN!!**

Helen

PS – Remember Sunday 14th March is Mother's Day!

Sunday 7th March	Communion Sunday - Sunday Club and JAM can attend the service on Zoom from 10.30 am, or join the service at 11 am for Communion
Sundays 14 th , 21 st , 28 th March	Sunday Club on Zoom at 11.15 am and JAM Zoom at 11.45 am

RED NOSE BISCUITS



Ingredients

250g softened butter, 140g caster sugar, 1 egg,
2 tsp vanilla extract, 330g plain flour, 1 tsp cinnamon,
6 tbsp raspberry jam, 6 tbsp icing sugar

Method

1. Heat oven to 180C/fan 160C/gas 4. Mix sugar and butter, then add egg yolk, vanilla, cinnamon and beat together.
2. Sift in the flour and mix well.
3. Roll out the dough on a lightly floured surface and cut out 28 biscuits 7-8cm wide. Put them on a non-stick baking sheet. Using a 4cm cutter cut out the centre of half the biscuits. Bake for 12 minutes until golden and leave to cool on a rack.
4. Mix the jam and the icing sugar. Spoon some jam on each whole biscuits then put a biscuit with a hole on top.
5. Serve as they are or make some icing to draw eyes and a mouth on the top biscuit.

KIDS ONLINE ART CLASSES

with **The Wee Art Studio**

No plans for the kids at the weekend? Here is a good one to consider. Your kids can learn about relevant artists and gain new skills from expert art teacher Caroline from The Wee Art Studio by joining her online art classes starting this Saturday 13th February!

Online Kids art classes suitable for P3 to P7. Please book via the website www.theweartstudio.co.uk

COMIC RELIEF 2021

Red Nose Day is Here again. Friday the 19th March is 'Share a Smile' day. You can join with Saffron Barker, Benedict Cumberbatch and Lenny Hendry will all be on board to help you share a smile and will be helped by Alesha Dixon, David Tennant and Davina McCall on TV to help to kick-start a wave of smiles from your house to the next, and onwards all around the country. Download the poster, add your favourite joke and put it in your window to share with the world. We can't make the country smile without you. Since 1985 the charity Comic Relief has been raising money by making people laugh. Go to: <https://www.comicrelief.com/rednoseday/fundraise/free-downloads/> to download your window poster.

RED NOSE FUN FACTS

1. There have been over 20 different noses for all of the 20 Comic Relief shows, including The Nose with Toes, Monster Noses, Whoopee Nose and Nose in a Bag. Do you have a favourite?
2. Red Nose Day has raised over £700M for good causes.
3. This year noses will not be made from plastic but sugar cane!
4. 3,307,000 noses were sold in 2019
5. There have been 24 official singles released in aid of Comic Relief, featuring Spice Girls, The Proclaimers, Cliff Richard, McFly and Ed Sheeran

RED NOSE JOKES

I told my friend his nose was runny He said it's snot!
What do you call a nose with no body Nobody nose!
What has a nose and flies but can't smell? An airplane!
Why was the nose sad? It didn't get picked!

LODGING HOUSE MISSION

VOLUNTEER TO HELP GREENBANK HELP LODGING HOUSE MISSION

LHM continues to be grateful for our weekly donations of toiletries and food items.

If you would like to help Greenbank help LHM why not volunteer to help supervise the trolley collection on a Sunday (12noon till 1pm) and/or deliver the collected food to LHM on Thursday or Friday of the same week.

Please get in touch with the church secretary at: office@greenbankglasgow.org.uk or leave a message on the office answering machine (644 1841) if you would like to volunteer to:

- Supervise the collection on a Sunday.
- Collect items from Link building and deliver them to LHM.

Ways To Support The Work Of The Lodging House Mission Amongst Those Affected By Homelessness

The Winter Weather Pack Appeal will be continuing until March.

A Winter Weather Pack: Contains: Hat, Scarf, Gloves, Facemask, Hand warmer

LHM also require items for their various parcels and packs:

Food Parcel:

Tea and biscuits
Box cereal and milk
Tinned soup/beans/ spaghetti
Jar sauce
Tinned curry
Meat and fish
Tinned mince or stew
Tinned potatoes
Pasta and rice

Toiletries Pack:

Socks and boxer shorts/briefs
Shampoo and Shower gel
Soap and facecloth
Toothpaste and toothbrush
Deodorant
Wipes and tissues
Face covering
Men's: Shaving foam and razors
Women's: Sanitary products

Kettle Food Parcel:

(assumes no tin opener or crockery)
Contains:
Pots of instant porridge & plastic spoon
Cuppa soups and paper cups
Pot noodles
Ring pull meat (i.e. cornbeef)/fish
Ring pull tinned fruit
Tea, sugar, UHT milk and biscuits

FUNDRAISING

FITNESS PROGRAMME

Lorna has been keeping herself busy with other ventures. At the end of last year, she ran a 6 week chair based fitness programme with meditation. The participants said they enjoyed it and are keen to do more so she is offering another 6 week block which will start as soon as she gets enough interest. These classes will be run during the day (day and time to be confirmed) and last for about 45 minutes each session. Participants can exercise from sitting all the way through or can perform the class standing behind a chair using it for support as much as they need. These classes are great for anyone who wants to maintain their strength and balance while activities are curtailed elsewhere, keep joints from stiffening and allow a little social contact virtually.

The block of classes costs £30 and money raised goes towards the Legacy Fund.

YOGA CLASS

Would anyone be interested in a gentle yoga class with meditation one day/evening through the week? Ideally this would also mean a 6 week commitment and be charged at £30 (all towards the Legacy Fund). I'm open to suggestion regarding day and time. These classes are aimed at people who can get down and up from the floor, have at least moderate mobility and are helpful for people struggling with depression, anxiety and difficulties sleeping as well as those who just want to keep moving on these winter days.

LOCKDOWN LIBRARY

Book lovers! I have created a 'Lockdown Library' which many of you have donated your unwanted books to. Thank you all. I now have a long list of books that are available to purchase at £2 each (again money towards the Legacy Fund) and the books are disinfected on the outside and left for 72 hours before being passed on. They can be collected from me or I'm happy to deliver. The book list is on the webpage that Fraser has kindly put together for the Legacy work.

[Book List - Greenbank Parish Church Legacy Fund \(greenbankglasgow.org.uk\)](https://greenbankglasgow.org.uk)

A couple of people have had trouble finding the book list on the website. It's a wee bit complicated I guess.

Go to Legacy tab and from there hover over the Fundraising tab where a dropdown box has Lockdown Library in it. Hover over Lockdown Library and Booklist appears to the right which if you click on a long list of books with a short synopsis for each will appear. Happy reading!

If you need more information about the Fitness Programme, Yoga Class or Lockdown Library, please get in touch with Lorna, Tel: 07970192541 Email: Lornalegacy2020@gmail.com

MEMBERS' EMAIL ADDRESSES

If you have not already done so please send your email address to our church office at:

office@greenbankglasgow.org.uk Thank you, Derek Christie, Session Clerk

OFFERINGS DURING LOCKDOWN

Dear Friends,

Since lockdown many members have continued to remit funds to the church, and I would like to thank them all for doing this. It is a great help to our church's finances.

The best way to maintain your freewill offerings to the church, if possible, is to make a direct payment into the Church's bank account, putting your freewill offering number in the payment reference box. For those wishing to do this, please email me at: alistairdsmith@ntlworld.com and I will supply you with the church's bank account details.

Alternatively, you can send a cheque made out to Greenbank Parish Church with your freewill offering number, and I will lodge it with other cheques received.

My address is 26 Stewart Drive, Clarkston G76 7EZ.

Thank you for your support.

Alistair Smith, Treasurer

SACRO THANK YOU FOR CHRISTMAS DONATIONS

I just wanted to take the opportunity to thank you and your congregation for the very generous donations of gift vouchers.

We were able to identify numerous families who are struggling financially. Some of the families you helped were fleeing domestic violence and spending Christmas in temporary accommodation. We donated to a young couple who are expecting their first child and who used the voucher to purchase essential baby goods. Another donation was made to a woman who, despite having children of her own and struggling financially, welcomed her teenage nephew into her home when he was unable to remain with his elderly grandfather. We also identified families of military veterans who are struggling due to issues such as PTSD and other mental health issues.

Each recipient was extremely grateful and could not believe the generosity of strangers. I have copied some feedback from colleagues who were involved in distributing the vouchers:

"The vouchers made a positive and immediate impact on his partner and the children, as they were able to buy food goods at the supermarket that would normally be out of their budget range. The Christmas vouchers provided a more festive season to these disadvantaged children going through a chaotic period in their family home and lightened the financial burden on their mother."

"This woman, along with her 10 year old daughter, had just left a domestic abusive relationship. What little money she did have was being spent on making their new accommodation 'homely', as the daughter had never had her own space and her daughter's wish was for it to look nice. The vouchers helped the woman get some gifts for her daughter. Part of a text from the woman: 'Thank you so much, that was so kind and wasn't expecting anything like that'".

"Four of my ladies who received vouchers have all expressed their thanks and appreciation on behalf of themselves and their family."

"Young person had been placed in the care of his aunt for 9 months, she has 3 children of her own and with Christmas approaching fast, finances were really tight for them, the vouchers helped to pay for a food shop that she otherwise would have been unable to afford. "I can't believe the generosity of others, many thanks from the bottom of my heart and Merry Xmas".

Once again, I cannot thank you enough for organising the collection which made a huge difference to many struggling families this Christmas.

Best wishes,

Mary

TIME OUT

The 'girls' at Time Out are keeping in touch either by e-mail, what's app, phone calls or better still when out 'exercising' - that then means 'exercising the tongues'! We're all missing the regular chat but staying positive that we will meet up again soon. Some have even had their first vaccine (the older ones!).

Hope all are keeping well and stay safe.

Moir McAlaine busedmoira@aol.com

JUST FOR LAUGHS (Church mag bloopers!)

Irving Benson and Jessie Carter were married on 24th October in the church.
So ends a friendship that began in their school days.

A bean supper will be held on Tuesday evening in the church hall.
Music will follow!

The church will host an evening of fine dining, super entertainment and gracious hostility.

The ladies of the Church have cast off clothing of every kind.
They may be seen in the basement on Friday afternoon.

Weight Watchers will meet at 7pm at the First Presbyterian Church.
Please use large double door at the side entrance.

And this one could be from Alistair Smith!

The Church treasurer unveiled the church's new campaign slogan last Sunday:
'I Upped My Pledge - Up Yours.'

1ST CLARKSTON GUIDES

1st Clarkston Guides has been regularly meeting on Zoom on Monday evenings. We have around 12-16 girls attending the sessions regularly. If any parent would like to add their daughter to our waiting list, they can email us on 1stclarkstonguides@gmail.com

At the end of last term we watched Home Alone together online. In January we're celebrating the New Year with anniversary badges that mark the length of time that the girls have been members of Girlguiding, with some receiving their 7th or 8th year badge. We had a good time playing digital pictionary this week. We're also planning some 'pizza in a mug' cooking and games about survival skills over the next few weeks.

As a leadership team we've also been taking part in some online child protection training. Girlguiding brought out a new level based scheme and so Kerry and Kirsty have completed levels 1 & 2 of 'A Safe Space', Kirsten completed level 1 and I did level 3 as the leader in charge, so we're all up to date.

While we're still under level 4/lockdown restrictions, Girlguiding Scotland is advising online meeting only, however we're hoping that we might have the chance of an outdoor meet-up some time in the not-too-distant future if restrictions allow.

The girls are finding this current lockdown very tiring and frustrating but it's been really lovely to have our wee Monday evening session and feedback from the parents has been very positive. We are of course all very much looking forward to getting back to seeing each other in person again when we can.

September 2022 will be the centenary of 1st Clarkston Guides so we're also starting to think about plans to celebrate that next year.

All the best,

Emma and all at 1st Clarkston Guides

WHAT'S BEEN HAPPENING IN SUNDAY CLUB?

SUNDAY CLUB CHALLENGES YOU!!

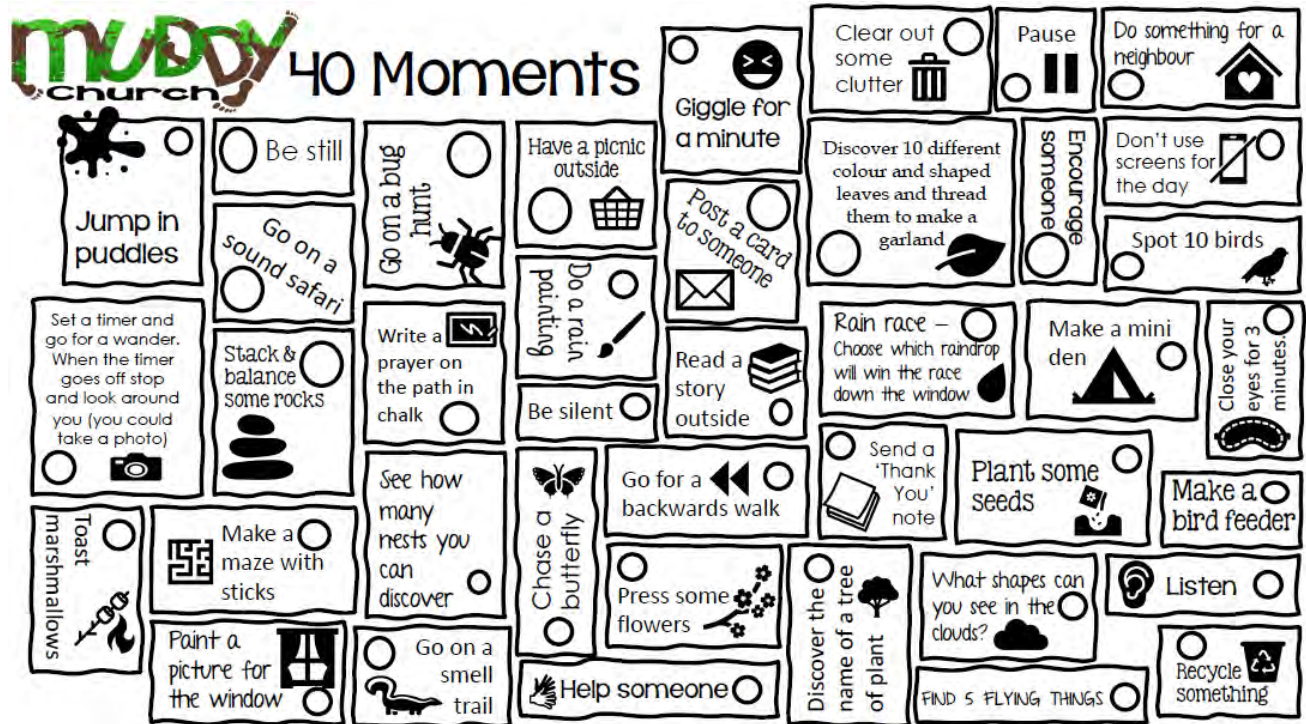
The Sunday Club is taking part in some Challenges for Lent, and we invite you to take up the Challenges too.

40 Minutes/40 Bags

40 Minutes/40 Bags are small fun activities that you can do each day of Lent e.g. look for shapes in the clouds; have a picnic outside – weather permitting; see how many nests you can discover; encourage someone with their challenge; be still

<https://www.muddychurch.co.uk/len-40-moments-and-40-bags>

Helen Howard, Sunday Club Superintendent



For each day give a bag to bless someone or fill a bag to recycle. It can be a bag of any size, you may have a bag of sweets or fruit to share with someone or a bag for the charity shop or items to recycle.

SUNDAY CLUB CHALLENGES YOU!! [Part 2]

Wonder Walks

There's one Wonder Walk for each week of Lent. There's a short Bible passage to read and there's also some fun things for you to do as you go for a walk. The links for this challenge is: <https://scottish.bible/wonderwalks/>



Wonder Walks

WEEK 1

1. Mark 1:9-11 Nirv

'At that time Jesus came from Nazareth in Galilee. John baptised Jesus in the Jordan River. Jesus was coming up out of the water. Just then he saw heaven being torn open. Jesus saw the Holy Spirit coming down on him like a dove. A voice spoke to him from heaven. It said, 'You are my Son, and I love you. I am very pleased with you.'



2. In the Bible being baptised is a sign that someone belongs to God and wants to follow him. Do something with water on your walk...

Have a drink of water
Jump in a puddle
Throw a stick or a stone into a river

Chat or think about what it means to follow God.

3. Jesus saw a dove and knew it was the Holy Spirit coming to be with him.

Try and spot some birds on your walk. When you see one ask the Holy Spirit to help you with something. It says in the Bible that the Holy Spirit is our helper.

4. Jesus is God's Son. God loves him and is pleased with him.

Make the shape of a love heart with stuff you find on your walk e.g. leaves, sticks, stones or draw one with your finger in some sand, gravel or dust.

As you draw try and remember the words that God the Father said to Jesus.

You can walk anywhere! Just pick a local route, and follow activities 1-4



Wonder Walks

WEEK 2

1. Mark 1:18-20 Nirv

'One day Jesus was walking beside the Sea of Galilee. There he saw Simon and his brother Andrew. They were throwing a net into the lake. They were fishermen. 'Come and follow me,' Jesus said. 'I will send you out to fish for people.' At once they left their nets and followed him.'



4. Find something on your walk that is safe to take home with you e.g. a leaf, a stick, a pebble, a flower.

As you are holding that thing, think about what Jesus asked Simon and Peter to do.

Jesus wanted everyone to follow him and Simon and Andrew were going to help make that happen.

Chat about how we can follow Jesus and how we can help others follow him too.

3. Play follow my leader.

Take turns to be the leader.

Chat about why you think Andrew and Simon followed Jesus.

2. Go through the alphabet together as you walk and name things you can see for each letter.

How far will you get? Will you have to skip some of the letters? What were the easy things to spot, what were more difficult?

Why do you think Jesus 'saw' Simon and Andrew that day at the lake? Why did he notice them?

You can walk anywhere! Just pick a local route, and follow activities 1-4



Wonder Walks

WEEK 3

1. Mark 4:30-32 NIV

'Again, Jesus said, 'What can we say God's kingdom is like? What story can we use to explain it? It is like a mustard seed, which is the smallest of all seeds on earth. But when you plant the seed, it grows. It becomes the largest of all garden plants. Its branches are so big that birds can rest in its shade.'

2.

Can you use a story to explain what you think God's Kingdom is like?

Each person can tell a little bit, when they say, 'but then...' someone else takes over telling the story.

3.

Find the tallest tree or plant on your walk.

What height do you think it is?
What size do you think the seed that it grew from was?
How old do you think it is?
Are there any birds having a rest in its branches?

Take a photo of your plant or tree.

Why do you think Jesus said his Kingdom is like a big plant that grows from a tiny seed?

4.

If God's Kingdom grows from things that are very small. What little thing could you do this week that would help God's Kingdom grow?

Encourage each other to do that thing!

You can walk anywhere! Just pick a local route, and follow activities 1-4



Wonder Walks

WEEK 4

1. Mark 6:32-34 NIV

'So, they went away by themselves in a boat to a quiet place. But many people who saw them leaving recognized them. They ran from all the towns and got there ahead of them. When Jesus came ashore, he saw a large crowd. He felt deep concern for them. They were like sheep without a shepherd. So, he began teaching them many things.'

2.

Think of something e.g. an object, an animal, a person, a place and then describe it to the people you are walking with, without mentioning the name of that thing.

See how long it takes for someone to guess. Take turns to describe something.

After you have played the game chat about why you think the people recognised Jesus and his friends as they were leaving in their boat?

3.

Pretend that one of you is a shepherd and the rest of you are sheep.

The person who is the shepherd must give the directions for the walk; you can swap over so that someone else gets a chance to be the shepherd.

After you have done this wonder together about why Jesus said the crowds were like 'sheep without a shepherd'?

4.

Decide on an object that you see regularly on your walk e.g. a lamppost, a tree, a bin!

Every time you reach one of those things on your walk talk together about one of the 'many things' that Jesus might have taught the crowd that day.

How many can you think of? Which is your favourite?

You can walk anywhere! Just pick a local route, and follow activities 1-4

SCOTTISH
BIBLE SOCIETY
Wonder
Walks

WEEK 5

1. Mark 9:2-4, 7 NIV

'After six days Jesus took Peter, James and John with him. He led them up a high mountain. They were all alone. There in front of them his appearance was changed. His clothes became so white they shone. They were whiter than anyone in the world could bleach them. Elijah and Moses appeared in front of Jesus and his disciples. The two of them were talking with Jesus... Then a cloud appeared and covered them. A voice came from the cloud. It said, 'This is my Son, and I love him. Listen to him!'

4.

Stop walking and be as quiet as you can.
What can you hear?
Traffic? People? Birds?

While you are quiet try listening to Jesus.

Chat about what you think he might be saying and what you could do to listen to him more.

3.

Look out for all the different colours that you see on your walk, name them.

Did you see anything white? Why do you think Jesus clothes turned white and shiny in this part of the Bible?

Wonder together about what was going on.

2.

Try and walk somewhere that is higher than where you started. It could be a little hill or a big hill.

When you get to the top read the Bible passage.

Two famous people from the Old Testament part of the Bible are talking with Jesus on the mountain. What would you like to talk to Jesus about right now?

You can walk anywhere! Just pick a local route, and follow activities 1-4

SCOTTISH
BIBLE SOCIETY
Wonder
Walks

WEEK 6

1. Mark 11:4-10 NIV

'They found a colt out in the street. It was tied at a doorway. They untied it. Some people standing there asked, 'What are you doing? Why are you untying that colt?' They answered as Jesus had told them to. So, the people let them go. They brought the colt to Jesus. They threw their coats over it. Then he sat on it. Many people spread their coats on the road. Others spread branches they had cut in the fields. Those in front and those in back shouted, 'Hosanna!'

2.

Gallop like the colt in the story.

How far can you go?
Who is the fastest?

3.

Chat about people you look up to e.g. a football team, sports person, musician etc.

Talk about what you would shout out if you suddenly saw them coming towards you on your walk today? Shout it out if you dare!

Chat about what you would have done if you had been in the crowd, when Jesus was coming along the road in this bit of the Bible.

4.

Use your body to make all the letters of the word 'Hosanna'.

Find out what the word Hosanna means. Chat about why the people were shouting that at Jesus. Make up a prayer to Jesus and use the word Hosanna in your prayer.

You can walk anywhere! Just pick a local route, and follow activities 1-4

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