thegoodneighbour

November 2018





Parish Register

BAPTISM

16/9/18 Aria Gail Thomson, McLean Place, Stewartfield, East Kilbride

Aria Gail Thomson was born on 6th June 2018 in the Queen Elizabeth Hospital at 3.40pm. She was five weeks early and weighed just 5lb. Her parents are Kara and Ewan and her godparents are Kara's sister, Caitlin, and family friend, Christopher. Aria is a wee fighter as she had to have a cardiac op shortly after she was born. She is a first grandchild for the family. Aria's baptism was a special day for the family who also loved all the children in the church being involved.

DEATHS

24/9/18 Mr David Whitlock, 12 Aidan's View, Aidan's Brae, Clarkston
 13/10/18 Mrs Pamela Carlin, 26 Arnott Gardens, Kinnaird Drive, Linwood
 18/10/18 Mrs Nan McCulloch, 22 Aidan's View, Aidan's Brae, Clarkston

"Dependent on your bounteous breath, we seek your grace alone, In every stage of life and death, to keep us still your own"

MESSY CHURCH

We had loads of fun at Messy Church last Friday (5th October) About 35 children attended with their parents and carers and we all designed our own Messy Church t-shirt to wear in future months and realised they made us part of a team, God's team. We played a couple of team games and sang about being a C.H.R.I.S.T.I.A.N. and that we 'Wanna Be In God's Team'. There was cardboard everywhere as the boys and girls made themselves The Armour of God out of old boxes, string and sticky tape. We finished with prayer and a dinner of bolognese cooked by Maureen and her helpers. Thanks ladies! If anyone would like to be added to the WhatsApp group to be kept informed of what's happening at future Messys, please send your mobile number and name to me at 07970192541. Lorna Preece.

(Next Messy, Friday 2nd November, 4pm-6pm)

THE JUNE COVER

There have been a number of enquiries about the three photographs on the front page of the June edition of Good Neighbour. Each image is of a part of Scotland where Saints first spread the gospel. The top photograph is lona where St Columba preached. The middle one shows the spire of St Magnus Cathedral on Orkney. The bottom photograph shows Whithorn, the site of the early teaching of St Ninian.



Dear Friends,

On 11th November there will be a series of events here at Greenbank to mark 100 years of the end of World War I. At 6am, joining with thousands of other church and public bodies, Ross McAldine will play the "Battle's Over" on the bagpipes on the front steps of the church. The traditional Remembrance Sunday Worship Service will then begin at 10.30am and offer everyone the opportunity to come together in two minutes silence at 11am.

In the evening of 11th November at 6.30pm there will be a short worship service at Greenbank 'Commemorating 100 Years of The Armistice'. This service will come to a close at 6.55pm with Gordon Campbell from our Boys' Brigade company [again joining with thousands of other church and public bodies] playing the last post on the bugle on the steps of the church. After that at 7.05pm our church bells will ring out for peace joining thousands of other bells all over the country, just as they did at the end of the First World War.

On 11th November our commemorations will pay tribute to the men and women who have died in war, the millions who have been killed by those who misused power, and those who continue to live with the nightmare of war in whatever shape or form it takes. Alongside all of these events, thanks to all the people who have been knitting furiously in the last weeks, there will be a display of poppies in our sanctuary, each poppy symbolic of so many individuals who have lived and selflessly fought to bring about peace and the freedoms we enjoy today.

....And so we will remember 'lest we forget' to appreciate all that we have in this present day and to commit ourselves to working always for a more peaceful future in the name and for the sake of our Lord and Saviour Jesus Christ.

Yours,

PULPIT DIARY

Jeanne

2 nd November	4.00pm 7.30pm	Messy Church Preparatory Service
4 th November	10.30am 6.30pm	Sacrament of Holy Communion & Sunday Club Family Communion Service
11 th November	10.30am 6.30pm	Remembrance Sunday Worship & Sunday Club Remembrance Sunday Evening Service 100 th Anniversary of end of WWI
18 th November	10.30am	Worship & Sunday Club
25 th November	10.30am	Worship & Sunday Club

What's On

CHRISTMAS FAIR SATURDAY 10TH NOVEMBER – 10.00AM TO 1.00PM

Incredibly, by the time you read this, it will be less than two weeks until this year's Christmas Fair.

Plans for this year's extravaganza are well advanced and once again we hope you will support the Fair which has become a major event in Greenbank's calendar. Entry to the Fair has been kept at £2.00 and £1.00 for school age children and of course you will be able to pay at the door.

All the usual stalls will be there and at this time we would ask for donations for the various stalls listed below:

Home Baking; Christmas Stall; Christmas Bags (gift of £2 please); Bottle Stall; Any New Unwanted Gifts; Toiletries/Jewellery; Toy Stall and Children's Books; Book Stall; Chocolate Tombola and Bric a Brac.

The CHILDREN'S ZONE was very successful last year and we hope to build on that success with bouncy castle, games, face painting and much more.

Donations for the various stalls can be brought along to Church any Sunday from now until the Fair and placed in the box in the Link Building, brought along to the hall on Friday 10th November or on the day or alternatively by contacting Anna or Eleanor who would be able to collect your donations.

The hall will be open for receiving donations and setting up of stalls on Friday, 9th November from 1pm – 4pm and 6pm – 8pm.

There will of course be the ever popular Christmas Tea Room along with Christmas Bulbs and table decorations together with the super Christmas Hamper Raffle and a general raffle which will include a beautiful fruit hamper. You will also have the chance to win your Christmas cake and a cuddly toy both of which have been donated.

Donations of mince pies, shortbread and good quality biscuits for the Christmas Tearoom would be greatly appreciated and these can be brought along any Sunday or dropped off in the kitchen any time, week commencing 6th November.

Donations of baking can be brought to the hall on Friday, 9th November or brought along on the morning of the Fair.

The Sunday Club who run the Toy/Children's Book Stall especially appreciate donations of toys and children's books (in good condition) for this stall.

Once again we look forward to your continued support which is very much appreciated both in donating items for the various stalls and by your attendance on the day.

Anna and Eleanor look forward to seeing you all on 10th November and another successful morning.

Anna Martin (644 0972) Eleanor Johnstone (577 0335)

THE GUILD

Diary

7th November 2.15pm Westerhighgate Farm

May and Gavin Wylie

14th November 2.15pm A Minister and his Music

Rev. lain Hamilton

21st November 2.15pm Songs and Stories (Guild week - Afternoon Tea)

Rhona Hughes

28th November 2.15pm The Vine Trust

Marylyn Ure and Rhona Raeburn

Attendance at the first two meetings was disappointing due to the adverse weather conditions. However, by week three the weather was kinder and the hall was well filled once again.

A reminder that if your Sunshine Bag has not been collected by the end of October, please leave it with a member of the Duty team on a Sunday and it will be passed on to the Guild. Sincere thanks for your support and generosity. Enid Dron (Secretary)

LUNCH CLUB

We were very pleased to welcome back many well kent faces to the Lunch Club in September and October. Our next meeting is on Friday 30th November when there will be some festive extras served with tea and coffee. We warmly invite you to come along to the church hall and enjoy a bowl of homemade soup and a selection of filled rolls. Lunch is served between 12noon and 1.15pm.

If you feel you need a lift or would like to know more about Lunch Club please get in touch with Jan on 258 4959 or Maureen on 639 5114.

CLARKSTON COMMUNITY CHOIR CHRISTMAS CONCERT

The choir's Christmas concert will take place in Greenbank Parish Church on Wednesday 5th December at 7.30pm. Come and enjoy a night of festive favourites, accompanied by a fabulous orchestra of musicians from the Royal Conservatoire of Scotland. Tickets £5, are available on the door. If you miss us on the 5th (or are desperate to hear the concert again!) there are other chances to hear us sing: 26th November at 7.30pm at Burnside Blairbeth Parish Church, and 9th December at 7.30pm at Langside Parish Church.

GIFFNOCK SOUTH CONCERT SERIES

Come and hear musicians from the Royal Conservatoire of Scotland in concert at Giffnock South Parish Church, on the first Saturday of every month from 1pm-2pm. Upcoming dates include RCS Vocalists (4th November), Tiffany Vong (organ, 1st December) and Valerie Barr (accordion, 2nd February). Tickets £5, available on the door or from the Giffnock South church office on 0141 258 7804.

TUESDAY NIGHT WALKING GROUP

We meet on Tuesdays at 7pm prompt (weather permitting) and walk around the local area chatting all the way. Our walks usually last an hour. Feel free to join us on any Tuesday.

Evelyn Clelland 07762 065507

TIME OUT

On 1st November we have a speaker from the Moira Anderson Foundation (which is a charity dedicated to supporting those affected by childhood abuse).

On 15th November we are visiting Kevan Scott Jewellery. Timing to be confirmed but likely to be 7/7.30pm at the shop in Seres Road.

Finally on 29th November we are having our annual Christmas Craft Night which has been very popular in recent years. As always all members of the congregation and friends are welcome.

If you want any further information contact Moira McAldine on 639 5968 or Sharon Mitchell on 644 2448.

THE FRIENDSHIP CAFE

At a loose end on a Friday morning? Come along to the Friendship Cafe every Friday, 10am - 11am, in the Fraser Hall (except the last one of the month which is Lunch Club Friday). All more than welcome.

FLOWER LIST FOR NOVEMBER 2018

	Communion Table	<u>Centenary Chapel</u>	Side Windows	
4 th November	Jim Harvey	Jane Mayer		
11 th November		Sheila Matthews		
18 th November	The Guild	Elizabeth Cross	Moira McAldine	
25 th November	Esmae MacEwan			

Please note:

The Flower Lists for 2018 are on the transept windows and you are invited to put your name and telephone number on the list at the date of your choice. A member of the flower committee will contact you during the week prior to this date.

Elizabeth Cross (638 5162)

Young People's Page



Hi Guys

Have you seen your dad, grandpa, uncle (though hopefully not your aunt) growing a moustache recently? Well, that's because November is Movember! Movember is a charity that helps to promote men's health and has funded 1200 projects worldwide. Men are encouraged to grow moustaches and make a donation to the charity. Here a number of moustache facts:

- There are a number of different moustaches that can be grown, a handle bar, a horse shoe or a walrus.
- The longest recorded moustache is 14feet long.
- A one-month-old moustache is capable of holding approximately around 10% of a glass of beer before leaking its contents down the face of the owner. Yuck!!
- In a deck of cards the King of Hearts is the only king without a moustache.
- A man spends an average of five months of his life shaving.
- Baddies in film have moustaches with twisted at the ends.
- On average a man with a moustache touches it 760 times a day. (We'll be counting!)
- Police in India are being paid to grow moustaches because bosses believes it makes them command more respect. Really??? Don't think so!!!

Moustache (not really funny if you need to explain it!!!). See you next month.

Al the Fd

FIND THE WORDS

dad uncle grandpa aunt November moustache handlebar walrus horse shoe king hearts

d	d	r	r	d	I	r	h	r	r
e	S	r	0	h	у	e	0	a	e
О	i	S	e	e	u	I	r	b	b
m	0	u	S	t	a	c	h	e	m
S	t	r	a	e	h	n	a	I	e
n		1	t	t	S	u	a	d	٧
m	i	a	e	h	n	b	i	n	0
r	I	W	0	t	a	n	d	a	n
р	0	e	k	i	n	g	a	h	r
g	r	a	n	d	р	a	d	n	0

S'MORES DIP FOR BONFIRE NIGHT

Ingredients

200g milk chocolate 2tbs full fat milk 350g mini marshmallows

To Serve

100g digestive biscuits 100g washed strawberries 100g pineapple

(+ Skewers)

Method

- 1. Heat the chocolate, milk and 200g of the marshmallows in an ovenproof frying pan over a low heat until melted and smooth.
- 2. Top with the remaining marshmallows in circles so that the whole surface is covered.
- 3. Grill on high for 1-2 mins until the marshmallows are toasted.
- 4. Serve with the digestive biscuits and strawberry and pine apple skewers for dunking.

JOKE CORNER

- Q. What do you call a rich elf
- A. Welfy!
- Q. How does the man in the moon cut his hair?
- A. Eclipse it!
- Q. Why won't the crab share his sweets?
- A. Because he was a little shellfish!
- Q. What happens when cows refuse to be milked?
- A. Udder chaos!

A VERY HAPPY BIRTHDAY



to everyone who has a birthday in November especially Jessica Paul, Grace Bradshaw, Rebecca Martin, Chris Hoy & Harris Simpson. Hope you get lots of presents and have a great day day!!!



Hi everyone,

I'm writing this before the October school holiday, but you'll be reading it after it! I hope you had a good time, and I'm looking forward to hearing what you did.

I think this is always a scary time of year – and I don't just mean because it's Hallowe'en on the 31st. A few days after that, it's Bonfire Night., (it was called Guy Fawkes night when I was your age), a few weeks later it's St. Andrew's Day and the very next day it's December!! By then you'll probably be practising special songs, and getting a bit excited for something that will be happening on 25th December. Notice, I'm not saying it's name, because I think that the grown-ups might just get a bit annoyed with me. (Clue: It starts with C and has 9 letters!)

Sometimes we can feel as if time goes r-e-a-l-l-y s-l-o-w-l-y, but at this time of year I think it's the opposite, and time goes very, very fast.

Helen

Sunday 4th November Communion Sunday - Sunday Club meet in halls as usual, then children come into

church for Communion

Sunday 11th November Sunday Club as usual Sunday 18th November Sunday Club as usual Sunday Club as usual

Sunday 2nd December Gift Service - Sunday Club as usual – more details to follow

BONFIRE NIGHT

Looking for somewhere to go on Guy Fawkes Night? Try the GHA annual bonfire night.

The event will take place at Braidholm on Monday 5th November. Gates open at 6.00pm with fireworks being set off around 7.15p.m. Tickets can be bought online before the event or you can pay at the gate -£7.00 Adults & £5.00 Children (5-16 years). Under 5s go free. There will also be music, food and glow in the dark novelties. **Email:** gharfc@btconnect.com or **Tel:** 0141 637 5850 for more details



GREENBANK CHRISTMAS FAIR

Saturday 10th November 10.00 – 1.00 p.m.

Once again we are planning to set up a special Children's Zone for you at the Christmas Fair. You will be able to have fun here while mums and dads, grans and grandpas, and friends enjoy their cup of tea/coffee.

There will be a bouncy castle, face painting, games and the chance to have some fun and maybe win a prize or two. Come along and enjoy the fun!



THE GRINCH (Release date: 9 November 2018 Running time: 100 minutes)

The Grinch is based on Dr. Seuss' beloved holiday classic. The Grinch tells the story of a cynical grump who goes on a mission to steal Christmas, only to have his heart changed by a young girl's generous holiday spirit. Benedict Cumberbatch lends his voice to the infamous Grinch, who lives a solitary life inside a cave on Mt. Crumpet with only his loyal dog, Max, for company. With a cave rigged with inventions and contraptions for his day-to-day needs, the Grinch only sees his neighbours in Who-ville when he runs out of food. Each year at Christmas they disrupt his tranquil solitude with their increasingly bigger, brighter and louder celebrations. When the Whos declare they are going to make Christmas three times bigger this year, the Grinch realizes there is only one way for him to gain some peace and quiet: he must steal Christmas. Will the Grinch succeed in silencing the Whos' holiday cheer once and for all?



News and Updates

ED LINES

Hi Folks,

"The Battle's Over!" was the cry, a hundred years ago. "The Battle's Over" was the cry, Armistice Day 11th November 1918. The Battle's Over. The Great War, World War I, The War to end all Wars. The Battle's Over. Nine million military personnel and almost ten million civilians lost their lives in WWI. "The Battle's Over." they cried. But sadly it wasn't. Since the end of WWI there have been over 200 wars. It is estimated that 60 million people died in the Second World War alone. On any given day there are at least 15 wars taking place throughout the world.

Nowadays we have to fight a different type of war. We are fighting cyber-attacks, nuclear threats, wars against terrorism and wars against things we can't even see. Sometimes though, we have to fight for the things in which we believe. We can't just sit back and be spectators as things around us go awry. We must fight for the same things that were believed and fought for all those years ago. We have to fight for truth. We have to fight for justice. We have to fight for freedom. We have to fight for what is right, not necessarily picking up arms and marching head long into war but showing the way with words, deeds and actions and using tact and diplomacy to defuse situations before they escalate into situations we can no longer control.

At the National Arboretum there are monuments commemorating all those who gave their lives bravely in the line of duty. Their battle is over; we must remember what they fought for. We must carry on that fight, until our battle is over, to ensure a safe and peaceful world in which our children and our children's children can live. Millions have died in conflicts worldwide. We must remember how they lived. We must remember why they died, but above all, We Must Remember Them.

Alison

ARTICLES FOR THE DECEMBER ISSUE OF GOOD NEIGHBOUR SHOULD BE SUBMITTED BY SUNDAY 11TH NOVEMBER PLEASE

A NATION'S TRIBUTE - THE BATTLE'S OVER

A nationwide Day of Commemorative Events marking the Centenary of the end of the First World War and paying tribute to the millions killed or wounded in battle, and those on the home front who struggled amidst pain and loss to help ensure freedom survived. Greenbank will be participating in a number of events *.

*06.00: Battle's O'er

A piper will be playing Battles O'er at 6am on front church steps.

1000 individual Pipers across the United Kingdom and countries around the world commence the day's commemorations with the traditional Scottish lament played at the end of battle – *Battle's O'er*.

*18.30: Remembrance Sunday Evening Service for the 100th Anniversary of end of WWI in Greenbank

*18.55: The Last Post

A bugler will be playing *The Last Post* on front church steps.

1000 individual Buglers sound this historic tribute at WWI Beacons of Light locations across the Nation and UK Overseas Territories.

19.00: WWI Beacons of Light

Over 1000 Beacons of Light symbolising an end to the darkness of war and a return to the light of peace.

*19.05: Ringing Out for Peace

Our Church Bells will be 'Ringing out for Peace' at 7.05pm.

1000 cathedrals and churches will ring out their bells across the nation, and beyond, in celebration of peace.

19.05: A Cry for Peace around the World

100 Town Criers throughout the United Kingdom and other countries around the World join together in an International Cry for Peace around the World.

LETTER TO GREENBANK'S CONGREGATION



Dear Friends,

HEARTFELT HANKS FROM THE LODGING HOUSE MISSION

I am writing to acknowledge and thank your congregation at Greenbank for their generous Harvest donations to assist us in our work with the homeless and underprivileged in Glasgow. Be assured that these will help replenish our food store and enable us to continue feeding our service users throughout the coming winter.

At LHM, we seek to make a positive difference in the lives of our service users. The provision of vital sustenance 7 days a week, by way of healthy breakfasts and lunches, is often the gateway to supporting our service users in other ways too through the myriad of problems they face and our Day Centre offers them safe shelter where they know they will not be judged and can always find a friendly word.

We are very aware that we can only carry out the work we do at LHM thanks to the generosity of supporting churches such as Greenbank. On behalf of everyone at LHM, especially our service users, please accept our heartfelt thanks for your kindness and generosity. May God bless you as you have blessed us.

Yours sincerely,

E. Ashmole Director & Trustee

CROHN'S & COLITIS UK RAFFLE FOR RESEARCH 2018 - PLEASE HELP US

As many of you know, our beautiful daughter Millie, who is 10 years old, has Crohn's Disease and is still not in remission almost 2 years after diagnosis. Last year, in an effort to do something positive, we, as a family, made it our mission to sell as many raffle tickets for Crohn's and Colitis UK's Raffle for Research and we raised £1,500 – thanks to you. The charity is using Millie and her story to headline this year's campaign and I know some of you may have been sent your own raffle tickets to sell for this cause. The horrific thing about Crohn's and Colitis is that currently there is no cure and as such, it is a life sentence. We are asking you to please, please buy some of the tickets you have received or, if you didn't receive your own tickets, please, please buy tickets from us (you can see us after morning service or call us on 0141 638 0630). Our only hope in finding a cure is in the vital research that is being done. Tickets are £1 each and just buying one ticket will make an enormous difference. From the bottom of our hearts, thank you all so much. The Simpson Family xxxx \$\Pi\$

SUNDAY CLUB

I'm glad to say that numbers in the Sunday Club have remained consistent since we returned from the summer holidays. It has been great to see the children and young folks in church and in the halls, especially those who were of an age to move up from one department to another – this can be a bit of a scary time!

I'd like to single out one department for a special mention, and that is The JAM. JAM is for young people from S1 and above and there are regularly about 10 – 12 young people (from a roll of approx. 18) there every Sunday. Additionally, some of them have now begun to volunteer in other Sunday Club departments. By this age, many youngsters have voted with their feet and wouldn't dream of coming to church, so I'd like to say a huge WELL DONE to them, for showing this commitment. Thanks too, to Susan Johnston, JAM leader for making it so appealing for the young folks to be part of.

I'd also like to thank everyone who responded to our plea for volunteers. If we haven't asked you to take a turn yet, please don't feel unwanted, we'll be in touch very soon!

Helen Howard

Sunday Club Superintendent

SNAP COMMUNITY YOUTH CLUB

Any new members from P7 to S3 are very welcome to come along on Saturdays (term time) from 7pm till 9pm. If you're P7-S3, come along for some Saturday night action packed fun and meet new friends -all are welcome. We do a range of indoor and outdoor activities from arts and crafts, board games and sports such as dodgy ball and badminton.

Please feel free to come along and register on the night or email:

SNAP@greenbankglasgow.org.uk<mailto:SNAP@greenbankglasgow.org.uk> for more information.

THANK YOU

Christine Miller would like to thank everyone who supported her Macmillan Cancer Coffee Morning at which she made £350. Well done Christine.



WHO DO YOU THINK THEY ARE?

Name? Bert McCrum (Art Tutor- Colour Circle)

Are you over 21? How many times?
Favourite food? Mince and Tatties
Favourite t.v? Repair Shop

Favourite film? Star Trek

Favourite actor? Most of them are Dead!!

Favourite music? Gabrielle Zobo

Favourite joke? Why did the elephant cross the road?

Because the chicken was having a day off!



Name? Gillian Foy (Prayer Promoter)

Are you over 21? No (She tells lies!)

Favourite food? Chocolate Favourite t.v? Poldark

Favourite film? Lord of the Rings
Favourite actor? Harrison Ford
Favourite music? Gerry Rafferty

Favourite joke? What do you call a fish with no eyes?

A fsh



Name? Gordon Dickson (Chair person, Legacy Group)

Are you over 21? Just

Favourite food? Roast Chicken Favourite t.v? The Apprentice

Favourite film? Long Road to Freedom Favourite actor? Keeley Hawes (Bodyguard)

Favourite music? Pipe music

Favourite joke? Why did the puppy lie down in front of the fire?

He wanted to be a Hot Dog



NEW WORLD MISSION STAMP APPEAL

You can raise money for World Mission just by saving your used postage stamps! Why not encourage your congregation, friends and family to collect too? It's a simple way to recycle and help World Mission partner projects.

The 2016/17 Appeal raised a fantastic £4,344 for the Othera Eco-sprituality Centre (Church of South India), which supports ecological innovations and hopes to educate and inspire local people to live sustainably.

In 2017/18 the Appeal will support the Giffen Institute of Theology, Presbyterian Church of South Sudan (PCSS). The Institute trains 75% of PCSS ministers, playing a vital role in educating and equipping students for ministry. Due to violence in South Sudan over the last few years the Institute has twice had to relocate to ensure the safety of staff and students. Sadly, this has meant many of its resources were lost. Now re-established in a refugee camp in Kenya, the Institute needs to rebuild its resources, including replacing the books lost when its library was burned down. Your used stamps can help ensure the Institute's work training the future ministers of South Sudan continues.

Please save your stamps for this worthwhile cause. You can drop them off at the Glasgow Presbytery Office - we're happy to take any donation, no matter how large or small; stamps can also be handed in at Greenbank church office or put in the collection boxes at the doors of the church.

CHURCH TRANSPORT - URGENT APPEAL

The church transport service has been running for 40 years, providing a necessary and much appreciated service to our members who would otherwise find it difficult to attend church.

We currently have a group of drivers, on a rota, who are required to bring their car to church once every 6 weeks. The church transport service urgently needs more drivers. Please consider volunteering for this. The commitment is just once every 6 weeks, and you can swap with other drivers if the rota dates do not suit. If you currently drive to church alone, please consider offering your services once every 6 weeks, to bring a car load of people to church. This would be much appreciated; it may allow new friendships to develop; and would complement our status as an Eco congregation.

If you do not normally drive to church, please consider doing so, just once every 6 weeks, to allow others to enjoy worshiping with us. Please contact Mark Allan 638 3916, if you are able to help.

SNAP YOUTH CLUB

Snap Community Youth Club is still looking for volunteers to help on Saturday evenings between 6.30pm-9.30pm. If you can help, even for just one Saturday a year, please contact Jeanne, email snap@greenbankglasgow.org.uk or call Lindy Dallas on 638 2362.

CHRISTIAN AID

Congratulations to those who took part in the annual Christian aid sponsored swim which was held at Eastwood swimming pool on 6th October 2018. All the Greenbank swimmers successfully completed the maximum of 20 lengths of the pool; very well done! I hope to be able to report very soon on the sponsor money raised by their superb efforts. Although the overall number of participants was down on previous years, all those taking part enjoyed the event which was rounded off with well-earned refreshment afterwards.

Mark Allan

LODGING HOUSE MISSION

CHRISTMAS CARDS

The sale of Christmas cards to raise funds for the Lodging House Mission will commence on Sunday, 21st October. Cards, priced at £4 or £3.50 for a pack of 10, will be sold in the Fraser Hall after the morning service. Cards will be on sale each Sunday until 9th December. There are some lovely designs again this year, so please do come and have a look at the selection.

REOUEST FOR DRIVERS

LHM is seeking volunteer drivers to uplift goods (mainly food) and deliver to their premises in East Campbell Street. The work is "as required". They are very flexible and would fit in with your availability. For more information, call Gus Smeaton on 0141 552 0285, or email gus.smeaton@lhm-glasgow.org.uk.

Alison Allan (638 3916)

LIFE & WORK MAGAZINE

Could I advise current subscriber's to Life &Work magazine that the magazine will increase in price by 30p per monthly issue from January 2019. This increase will result in an annual subscription of £33.60 for 2019 Hope this meets with your approval. Ian Mc Turk (638 4649)

Prayer Diary

Fear not November's challenge bold -We've books and friends, And hearths that never can grow cold: These make amends! ("November"- Alexander L. Fraser, c.1918)

Many of the things written about November are dark and gloomy. It's the end of another year and the weather's going to be terrible. Then there are lots of comparisons between the year and life, both drawing to a close. And it also sits in a no-man's land between October's holiday and Christmas. And yet, while the month starts with our remembrance of Guy Fawkes attempt to blow up the Houses of Parliament, whose success would've meant death and destruction, we remember it with bonfires and fireworks, which are good fun. Likewise, we remember all those who have lost their lives in war, but we also celebrate their courage, selflessness and comradeship. And here at Greenbank we have our Christmas Fair to enjoy, with all the stalls and activities.

So in this month say a special prayer for all our armed forces, who are ready to put their lives on the line in our defence. Say a thank you for those who have laid down their lives over the years, and pray for their families, past and present, and for all who are coming to terms with life changing injuries.

Say thank-you for the fun of fireworks; for coming together in fellowship; for the delicious hot comfort of 'soup season'; for roofs over our heads; for the days which are cold but sunny; and for warm hats, gloves, scarves, socks and jumpers.

Continue to pray for our politicians, that they can reach agreement amongst themselves, and give us a solid and fruitful path into the future.

Pray for all those that have been caught up in the recent storms, and give thanks for all those who are there to help them.

And say thank you for the people who surround us, for the love and friendship we find in each day.

'NOVEMBER: the last month of autumn, but the beginning of a new adventure; time to take risks and do the unexpected.'

'Whatever you do, do it for love. If you keep to that, your path will never wander so far from the light that you can never return.' (Jim Butcher)

PRAYER REQUESTS & PRAYERS FOR HEALING

If you need prayer for yourself, a loved one or a friend please use the Greenbank Church Card [see reverse side] which can be found at the end of the church pews, and place it in the box at the front door of the church. Alternatively, prayer requests can be given to our Minister, Rev. Jeanne Roddick. Those for whom prayers have been requested will be prayed for at the monthly Prayers for Healing Service and throughout the month by members of the Prayer Group. A Prayers for Healing service takes place on the 2nd Sunday of every month in the church at 6.30pm. (Enter by Link building). Everyone is welcome to attend.

Gillian Foy (638 6245) Prayer Promoter

BUSHIDO KARATE CLUB

We have welcomed a number of new students to our club as they start their Karate journey and we will be updating you on their progress.

Our students are currently working towards their next grading and preparations are on schedule. We have our Senior DAN(BLACK BELT) Grading on the 9th November.

Our annual Association course on KATA is coming up which will allow our students to train with others in the Association and learn a more advanced KATA.

KATA (Japanese: <u>形</u>, or more traditionally, <u>型</u>; lit. "form") is a Japanese word describing detailed patterns of movements practiced either solo or in pairs. <u>Karate</u> kata are executed as a specified series of a variety of moves, with stepping and turning, while attempting to maintain perfect form. The kata is not intended as a literal depiction of a mock fight, but as a display of transition and flow from one posture and movement to another, teaching the student proper form and position, and encouraging them to visualise different scenarios for the use of each motion and technique.

Best wishes,

John Elliot (Bushido Karate Association Chairman)

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