

thegoodneighbour

November 2017



Living our **faith** by our **actions**



at the heart of the **community**

GreenbankParish
CHURCH

Parish Register

DEATHS

2/10/17 Mr Alan Smillie, 8 Woodbank Crescent, Clarkston
11/10/17 Mrs Sheila Francey, Wellmeadow Lodge, Crookfur Road, Newton Mearns
15/10/17 Mrs Lilian MacLean, 33 Fairfield Drive, Clarkston

*"Dependent on your bounteous breath, we seek your grace alone,
In every stage of life and death, to keep us still your own"*

NEW MEMBER

3/10/17 Lorna Buchan, 14 Brodick Place, Newton Mearns

PULPIT DIARY

3 rd November	4.00pm	Messy Church
	7.30pm	Preparatory Service
5 th November	10.30am	Sacrament of Holy Communion & Sunday Club
	6.30pm	All Age Communion
12 th November	10.30am	Service of Remembrance & Sunday Club
	10.30am	Sacrament of Holy Baptism & Sunday Club
	6.30pm	Prayers for Healing Service
26 th November	10.30am	Worship & Sunday Club

MESSY CHURCH FRIDAY 3rd NOVEMBER, 4PM – 6PM

To book a place or offer help, please phone/text Lorna Preece at 07970192541 or email: messygreenbank@gmail.com

ATTENTION ELDERS/ASSOCIATES

Dear Fellow Elder/Associate,

At its September meeting, the Kirk Session agreed to hold an away afternoon at Maybole Church on Sunday, 12th November, 2017. The objective is to give the Kirk Session the opportunity to think more deeply about what it means to say, "We want to ensure we leave a sustainable and worshipping congregation of God's people for generations to come". I hope you will be able to attend on this date. The afternoon will start with a light lunch at 1pm and aims to finish at Maybole around 4.15pm.

I realise some of you may not wish to drive to Maybole and in order to facilitate this I would be grateful if you would contact myself or the Church office by **Tuesday 31st October**.

Yours sincerely,

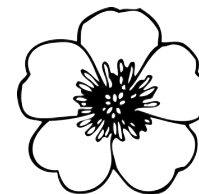
Aileen McKinlay (0141 644 2489)
Fellowship Co-ordinator
Email: aileen.mckinlay@talktalk.net

FLOWER LIST FOR NOVEMBER 2017

	<u>Communion Table</u>	<u>Centenary Chapel</u>	<u>Side Windows</u>
5 th November	Jim Harvey	Jane Mayer	
12 th November	Jeanette Mackay	Sheila Matthews	Nan McCulloch
19 th November	The Guild	Elizabeth Cross	Moira McAlidine
26 th November	Esmae MacEwan	Moira Dickson	

The Flower Lists for 2017 are on the transept windows; you are invited to put your name and telephone number on a list to donate flowers on the date of your choice. A member of the Flower Committee will contact you during the week prior to this date.

Elizabeth Cross (638 5162)



Dear Friends,

On Sunday, 11th November, we will be holding Greenbank's Annual Remembrance Sunday Service at 10.30am to which everyone is invited. At 11am a two-minute silence will be observed along with people all over the country, and far beyond, who will also be remembering those on all sides of conflicts who have been killed or injured or deeply affected by what has happened.

Last year on Remembrance Sunday I told the story of Angus McIntyre Fraser, who was the youngest son of Greenbank's first Minister, Rev James Fraser. Angus was born in Clarkston on 20th November 1892 along with his twin brother James who died in infancy. From an early age Angus was brought up in Greenbank Manse. He was a pupil at Busby Public School and Glasgow High School. In 1911 he went to the University of Glasgow and graduated with an MA on 20th November 1915. He wanted to study Divinity and become a Minister but his university education was curtailed because of the First World War.

Angus joined the 6th battalion of the Argyll and Sutherland Highlanders in 1915 and at first fought in France before going to Italy. His battalion returned to France on 12th April 1918 and entered the Nieppe Forest where Angus was wounded on 28th May 1918. Although he survived for a few weeks, he sadly died in Calais on 19th June 1918 aged just 25. Angus is buried at Les Baraques Military Cemetery in Sangatte near Calais and his name is on Greenbank's war memorial in the Church vestibule along with the names of 38 other men who died in war.

The poppies we wear this month honour Angus and every individual person who has died or suffered because of war. The poppy is a symbol of peace, care and compassion. It encourages us to look forward with hope to the future, with the knowledge that we still live in a conflicted, suffering and warring world but also knowing that we should never lose sight of goodness and the life-affirming values that exist in this world and which we are called to promote as Christians. We honour the sacrifices of two world wars and other conflicts since, in the most fitting way, by offering ourselves in working for better world right where we are.

This month may we all wear our poppies with pride, and wear them in remembrance of the kind of world God wants, and how we can all play some part to help shape that world by following the example of our Lord and Saviour Jesus Christ.

Yours,



SATURDAY MORNING BOOK CLUB The last meetings of the club for this year will take place on 4th November and 2nd December. Meetings last one hour from 9am, with breakfast refreshments being served from 8.45am in Room A. The group are reading **'The Invisible Church' by Steve Aisthorpe**. [ISBN-13: 9780861539161]

The book can be downloaded onto a Kindle from Amazon or purchased from bookshops. Chapters 5 and 6 will be discussed respectively at the succeeding meeting. Even if you don't have the book, you are warmly invited to come along and join this warm and informal discussion group.

What's On

CHRISTMAS FAIR

SATURDAY 11TH NOVEMBER – 10.00AM TO 1.00PM

It is hard to believe that it is now just over two weeks to Greenbank's Annual Christmas Fair.

Plans for this year's extravaganza are currently being finalised and once again we hope you will support the Fair which has become a major event in Greenbank's calendar. Entry to the Fair has been kept at £2.00 and £1.00 for school age children. Tickets are now on sale or you can "pay at the door"

All the usual stalls will be there and we would ask for donations for the various stalls listed below:

Home Baking; Christmas Stall; Christmas Bags – gift of £2 please; Bottle Stall; Any New Unwanted Gifts; Toiletries/Jewellery; Toy Stall and Children's Books; Book Stall; Chocolate Tombola; Bric a Brac

Something new – CHILDREN'S ZONE – with bouncy castle, games, crafts, face painting, nail bar and tattoos and more.

Donations for the various stalls can be brought along to Church any Sunday and placed in the box in the Hall of Friendship, brought along to the hall on Friday 10th November or on the day or alternatively by contacting Anna, Eleanor or Elizabeth who will be able to collect. The halls will be open on Friday 10th November from 10am. to 12 noon, 2pm – 4.00pm and 6.30pm – 8.30pm.

There will of course be the ever popular Christmas Tea Room along with Christmas Bulbs and table decorations together with the super Christmas Hamper Raffle and a general raffle which will include a beautiful fruit hamper. You will also have the chance to win your Christmas Cake and a Cuddly Toy both of which have been donated.

Bert McCrum once again has very kindly offered to clean rings for a donation of £1 and we are grateful to Bert for offering this service.

Donations of mince pies, shortbread and good quality biscuits would be greatly appreciated for the Christmas Tea Room and these can be brought along on a Sunday or dropped off in the kitchen any time week commencing 6th November.

Toy/Children's Book Stall – we would especially appreciate donations of toys and children's books (in good condition) for this stall.

Once again we look forward to your continued support which is very much appreciated both in donating items for the various stalls and by your attendance on the day. Let's make this year's Fair the most successful to date.

Look forward to seeing you on the 11th November.

Anna Martin (644 0972) Eleanor Johnstone (577 0335) Elizabeth Cross (638 5162)

CHRISTMAS FAIR – TEAROOM – HELP!

Firstly a wee reminder that donations of MINCE PIES (have a wee look to see that these are well dated) SHORTBREAD and GOOD QUALITY BISCUITS can be brought along any Sunday or dropped off in the kitchen anytime week beginning 6th December.

In order that folk can enjoy the "fun of the fair" as well as helping things to run smoothly if you are able to help in the tearoom then please speak to me on a Sunday or phone me on 384 2628.

Elizabeth McKenzie

GREENBANK WALKERS

Well the nights are fair drawing in now! Our hardy wee group will continue to walk around the local area for an hour on a Tuesday leaving the church at 7pm prompt. We walk mainly the main routes with street lighting - blethering all the way. Please feel free to join us - we are a friendly bunch.

Evelyn Clelland 07762 065507

BADMINTON CLUB

The Ladies Thursday afternoon badminton club is pleased to announce an increase in their numbers. However there is always room for more. If you'd like to help us make a "racquet" come and join us from 1.30pm till 3.30pm on a Thursday afternoon.

SLEEP IN THE PARK – A MASS SLEEP-OUT TO END HOMELESSNESS IN SCOTLAND - FOR GOOD, SATURDAY 9TH DECEMBER 2017

Social Bite, a proactive charity working around Scotland with and for homeless people, is organising the world's largest ever sleep-out and are hoping to attract 9,000 people to Edinburgh's Princes Street Gardens. The charity hopes that by raising funds and working together, the people of Scotland will create such an impetus that homelessness will be eradicated over a five-year period. The aim is not only to find provision for housing, but also to provide rehabilitation, job opportunities and support that will help people get back on their feet and find their place within society. The hope is that the many charities who work in these areas might also link up to provide ongoing support and care.

The vision is to make Scotland an example for the whole world to follow. We know we are a small country, but we are also a nation of innovators, explorers, and philanthropists. We are a small country with a big and generous heart.

At Christmas time there are many legitimate calls upon our time and our generosity. There are so many worthwhile charities and causes to support. But there is for Christians something compelling about the reality of homelessness that lies near the heart of the Christmas story. The homeless Christ-child, the refugee Holy Family.

Social Bite has gathered together a range of amazing people to the sleep-out. John Cleese, Deacon Blue, Rob Brydon, Sir Bob Geldof, Liam Gallagher and Amy Macdonald who will be present on the night.

You might not be able to take part yourself; a cold winter night in a park in December won't be possible for everyone. But you might know someone in your Church or workplace, a child or grandchild, a student friend or someone in a uniformed organisation, school, or a company who might be able to get involved individually or as a group. The challenge is for each individual to raise a minimum of £100 towards the cause. 2,000 people have already signed up. There's still some way to go to reach 9,000 people.

Find out more at www.SleepInThePark.co.uk You can also watch this short video: https://drive.google.com/a/capital-events.co.uk/file/d/0B8k2l12zCl89d2JmVVINVEZVRjg/view?usp=drive_web and download the attached poster.

Our Moderator, Rt Rev Dr Derek Browning, is praying for 1,000 connected to the Church of Scotland to sign up. Will you join in? Our minister and some others from our congregation are hoping to take part – anyone who wants to join them should speak to Jeanne (644 1395) email: JRoddick@churchofscotland.org.uk or Alison Allan (638 3916) email: alison.allan@ntlworld.com

THE CHURCH OF SCOTLAND - BACK 'ON THE ROAD'

11 NOVEMBER, 2PM-4PM, RENFIELD ST STEPHEN'S CHURCH, GLASGOW

The Councils of the Church will be sharing what they have learned from listening to church members and to feedback on their report. What the Church councils surmised was that the Kirk must widen its reach, deepen its commitment and become more flexible in its approach if it is to meet the needs of 21st Century Scotland.

The Councils of the Church have been drafting up the Strategic Plan as part of planning for the future. This event is an open invitation to everyone connected with the Church. Whether you are a regular worshipper, or an occasional attender; whether you take a leadership role in your local Church or simply drop in from time to time – 'On the Road' wants to hear from you.

If you can't make the Glasgow date you can go along on 23rd November to St Andrew's and St George's West Church, Edinburgh, 7pm -9pm. There are also alternative dates in Dundee and Inverness. Book at: http://www.churchofscotland.org.uk/connect/on_the_road Group booking is available so do bring others along.

LUNCH CLUB

The next meeting will be on Friday 24th November, please come and join us! Lunch (soup and filled rolls, followed by tea or coffee and a biscuit) is served from 12 until 1pm in the church hall. A very warm welcome awaits you. There is a dedicated team who prepare the lunch each month, but we would be very happy to have some new volunteers.

If you would like more information about what helping involves, or if you wish to join us for lunch, but require a lift, please phone Jan (258 4959) or Maureen 639 5114.

SNAP YOUTH CLUB

SNAP Community Youth Club 7pm-9pm every Saturday night during term time. If you're P7-S3, come along for some Saturday night action packed fun and meet new friends -all are welcome. We do a range of indoor and outdoor activities from arts and crafts, board games and sports such as dodgy ball and badminton. Please feel free to come along and register on the night or email

SNAP@greenbankglasgow.org.uk<<mailto:SNAP@greenbankglasgow.org.uk>> for more information.

THE GUILD

Diary

1st November	2.15pm	Val Scholfield <i>Support for Children who have been Bereaved</i>
8th November	2.15pm	James Percival <i>St. Kilda</i>
15th November	2.15pm	Chris Scott <i>TV Humour Part 2</i>
22nd November	2.15pm	Rhona Hughes <i>Guild Week – Afternoon Tea</i>
29th November	2.15pm	Ostap Melnick <i>Rudolph Hess in Busby</i>

The Guild is now in full swing with interesting speakers and a full hall of ladies who obviously enjoy our meetings very much.

At the time of writing we are looking forward to our Guest Night which we are sure will be an excellent evening with good entertainment, food and fellowship.

The Guild will be in charge of the Baking Stall at the Church Fair and donations will be gratefully received either on Friday afternoon or on Saturday morning.

Sunshine Bags should have been collected by now and we take this opportunity to thank everyone once again for their generosity. If your Sunshine Bag has not been collected please leave it with the Duty Team at a Sunday service and it will be passed on to the Guild.

Enid Dron, Secretary

TUESDAY NIGHT BOOK CLUB

I am hoping to start a Tuesday night book group in the Church halls starting on Tuesday 7th November 2017. We would be meeting once a month from 7.30pm till 8.30pm in Room A. As I have a 26 year working background in the libraries, I would be supplying the books for you every month through my work. I would be looking for around eight people for the group. However if we get more people interested I can still accommodate this with a selection of two books to work from.

For our first night I am going to be handing out Frank Gardner's book Crisis. Frank Gardner is the well-known BBC news reader who was badly injured while on assignment in the Middle East.

If you feel you would be interested in coming along please don't hesitate to contact me on the number below.

Kindest regards,

June Lamont (07964 442417)

FILM SOCIETY

The Film Society meets monthly on Monday evenings at 7.30pm from September to April in the Session House. Bring your own popcorn!

The films for this session are:

13th November	Brooklyn (2015)	starring Domhnall Gleeson & Saoirse Ronan
11th December	The Shop around the Corner (1940)	starring James Stewart & Margaret Sullavan
8th January	Midnight in Paris (2011)	starring Owen Wilson & Marion Cotillard

Brooklyn

An Irish immigrant lands in 1950s Brooklyn, where she quickly falls into a romance with a local. When her past catches up with her, however, she must choose between two countries and the lives that exist within.

Director: John Crowley; Writers: Nick Hornby, Colm Tóibín (novel) Stars: Saoirse Ronan, Emory Cohen, Domhnall Gleeson

STRENGTH AND BALANCE

This class is held on Fridays 12.15pm till 1.15pm in the church halls. Lorna guides us through all kinds of exercises to improve strength and balance and build confidence. Many people benefit from just this kind of exercise to recover from illness, surgery or general aches and pains who are not yet able to join mainstream fitness classes. It is also good for dementia sufferers as they can follow the moves to music and helps build self-esteem. We are currently a small happy group but hope soon to expand.

Come along and give it a try. Lorna Preece (638 6157)

News and Updates

ED LINES

Hi Folks,

We've been away in the caravan quite often this year. Having toured most of the country we found ourselves revisiting old haunts and enjoyed reminiscing about people and places. We went to North Berwick; it's a place that holds many happy memories for me, as I spent happy holidays there as a child with my mum, dad and brother, as a teenager away with the Guides to camp and as a parent, back again with our children and their friends. We also revisited Seahouses in Northumberland. We've been there a number of times and spent many happy days with the kids, on the beach building sandcastles, searching rock pools and eating ice cream. Our last visit took us to Beadnell, a wee fishing village along the coast. We clambered across the rocks to look for our names which we'd carved so carefully many years before. But the tide had done its job. Our names, like countless others before us, had been washed away and had been added to the millions of grains of sand on the beach.

This month is the month of remembrance and we, along with many others, will remember the men and women, brothers and sisters, sons and daughters who have given their tomorrow so we could have our today. They may not still be with us, but whilst our names have been eroded from the rocks, their names and faces will be carved in the annals of time and be etched in our hearts forever. We shall remember them.

Alison

**ARTICLES FOR THE DECEMBER ISSUE OF GOOD NEIGHBOUR SHOULD BE SUBMITTED BY
SUNDAY 12TH NOVEMBER PLEASE**

LETTER

Dear Alison,

Can you please pass on my thanks to all my friends at Greenbank who sent cards, flowers, good wishes and kept me in their thoughts and prayers while I was in hospital. It brightened my spirits and kept me going. I really appreciated it. Thanks again,

May Keir

BELATED CONGRATULATIONS TO

Christine Miller who celebrated her birthday on the 23rd of September and also Jane Livingston who celebrated the same birthday on the 12th of October. Bus passes in the post ladies!!!!

MANY CONGRATULATIONS TO

Jeanne and Graham Roddick who celebrated their Ruby Wedding Anniversary on the 29th of October. 40 years of married bliss?? More a life sentence!!!



A brave girl's battle with Crohn's Disease

In January 2017, **Millie Simpson (Aged 9)** a member of our Sunday Club, was diagnosed with Crohn's Disease. Crohn's Disease is a condition that causes inflammation of the digestive system or gut. It features an abnormal reaction of the immune system to bacteria in the intestines that results in symptoms which include: abdominal pain and diarrhoea, tiredness and fatigue, mouth ulcers, loss of appetite and weight loss and anaemia (a reduced level of red blood cells). Complications in the gut may include strictures, perforations and fistulas.

Crohn's is a chronic and unpredictable condition. This means that it is ongoing and life-long and there is no known cure although drug treatment and sometimes surgery can do a lot to give long periods of relief from symptoms. At least 300,000 people in the UK are currently living with Inflammatory Bowel Disease (IBD). All of those affected by Crohn's and Colitis face an uncertain future. However, over the past few years major advances have been made, particularly in genetic research. One particular researcher, Dr James Lee, has discovered sets of genes that determine how IBD will progress in a patient. Now he's beginning a clinical trial in 50 centres around the UK, which will start patients on the most effective treatment for them, based on their genetic profile.

To help raise funds for this and other crucial research projects, Millie will be selling raffle tickets on behalf of the charity Crohn's and Colitis UK at the coffee break after the service on Sunday 5th November. Raffle tickets cost £1 each and the top prize is £1000. Your support will help people with IBD, like Millie, get the very best treatment for their individual needs, as soon as they are diagnosed.

Many thanks for all your support, which means so much to the Simpson family.

KIRK SESSION – WHAT DO THEY TALK ABOUT?

The Kirk Session met on 4th September with 49 members attending and they discussed a wide range of issues.

Worship: The worship co-ordinator highlighted that the Worship Group had led the service on 2nd July and would do so again during the minister's holidays on 1st & 8th October. It was noted that Messy Church resumed on 1st September and the Book Club continues to meet on the first Saturday of every month. The Church Choir started the new season in September and new members are most welcome – **If you are interested in joining contact Helen Howard.**

Outreach: The Kirk Session's attention was drawn to an event "Creating a Dementia Friendly Community" organised by Clarkston Churches Together and Crossreach in St Aidan's church. The aim was to share concerns, good ideas and information on these diseases that affect 90,000 people living in Scotland. Book Bug (Mother & Toddlers) and Cosy Café (After School on a Friday) are proving highly successful and require more volunteers – **if you can help contact the Church Office or Minister.** The Lodging House Mission appeal for sugar is ongoing and a sponsored cycle raised £781. Copies of the Lodging House Mission annual Report are available from Alison Allan.

Finance: The Financial Position was updated and this shows a decrease of offerings of 2.0% for the period to 20th August. Since the last report, contributions have been received from the 1st Clarkston Guides, Greenbank Players, Greenbank Badminton Club, Greenbank Country Dance Club and Time out. Demand from external organisations for hall space continues and generates useful income towards the upkeep of our halls. Donations were also received for weddings and to the Flower Fund.

Fabric: The Property committee advised that an inspection was carried out by the Church Insurer's in July and was satisfactory. During the summer an updated Fire Risk Assessment by qualified personnel was carried out as was the annual inspection of boilers and appliances. The property Convenor advised the Kirk Session that Historic Environment Scotland were proposing to list the Church Building as a Grade C Listed Building. This would apply to the Church only. The Kirk Session agreed to seek advice from the General Trustees of the Church of Scotland and follow their guidance.

Fellowship : Attention was drawn to the Community Fun Day on 9th September . Volunteers were requested to help at that event as well as the Doors Open Day on the same date. The Moderator's Concert in the church on 14th October was highlighted with help required to sell tickets. Advance notice was given of forthcoming events – the Christmas fair on Saturday 11th November, the Burns Supper on Sunday 28th January 2018 and the Saturday Afternoon teas at Hawthorn Court and Aidan's View.

Youth: Two new sessional workers have been recruited to SNAP Youth Club. This is proving to be very popular with over 30 attending each week. Reports were also received from the Boys Brigade and 1st Clarkston Guides

Other Matters: Jennifer Bisset gave a very informative and interesting report on the National Youth Assembly 2017. The Kirk Session received an update on the Legacy for Future Project as outlined in October Good Neighbour and preparations are in hand for an away afternoon at Maybole in November. A report was received from the Liaison Convenor which expressed sadness at the loss of the Country Dance Club after 70 years but welcomed the start of SNAP Youth Club. There was concern expressed at the lack of volunteers for our youth groups with fewer committing to long term help. The Moderator thanked Bill Robertson and Stella Inglis who were retiring as active elders after many years' service. The Moderator also paid tribute to Bill Robertson for his work as Church Transport Convenor for many years. The Kirk Session agreed to transfer to the Supplementary List 47 members who had moved over three years ago and had not provided a forwarding address.

(Please speak to your elder if you would like further information on any of the above.)

2ND CLARKSTON RAINBOWS

After 14 years of service to the Guiding Movement within Greenbank Parish, I have decided to step down as Rainbow Leader of the 2nd Clarkston Rainbows Unit from May 2018.

So we are actively looking for someone to take over the running of the unit from September 2018. If you or anyone you know would be interested in taking over the Rainbows, please don't hesitate to contact me on the number below.

Sadly, if we don't find anyone to take over the unit it will close.

June Lamont (07964 442417)

CHRISTIAN AID

As the new session is well underway, congratulations are due to the 11 swimmers from Greenbank who each managed to swim the maximum of 20 lengths at Eastwood swimming pool on 7th October as part of the annual sponsored swim event. Although the sponsor money is still coming in, it is estimated that they will have raised £340 for the work of Christian aid. Thanks are due to all of those who participated, and to those who contributed, through sponsorship, to the success of this event.

Preparations are well underway for the next Christian Aid fundraising activity: the annual Art Exhibition and sale on 10th March 2018 at the Carmichael Hall at Eastwood Park. Further details to follow, but put the date in your diary for next year. Mark Allan

PRAYER DIARY

'November comes and November goes,
With the last red berries and the first white snows.
With night coming early, and dawn coming late,
And ice in the bucket, and frost by the gate.
The fires burn and the kettles sing,
And earth sinks to rest until next spring.'
Clyde Watson/Elizabeth Coatsworth

This is the month that I scramble to finish getting the garden tidied up and 'shut down' for the winter. The kids have had all the excitement of Hallowe'en and bonfire night, and are turning their thoughts to 'The Big C'. We can all take pleasure in their enjoyment and all the fun they're having.

We also pause this month to remember all the many men and women that have given their lives in combat, defending our small country. We give thanks for their sacrifice, past and present, and we pray for families and friends left to grieve. Pray also for the families of all those who are still serving, that they are given strength and hope.

This year has been punctuated with acts of terror and violence; innocent lives stolen away to cause fear and panic, or for no apparent reason at all. Remember all those who lost their lives, or who are coming to terms with life-changing injuries or trauma; and of course their stunned and grieving families.

Pray for our minister and elders as they strive to help us find the best path into the future for our church. Pray for Greenbank as we reach out into our community, that we can help to provide support, friendship, and a sense of belonging.

As always, pray for our government, that they use their power wisely, that they conduct themselves as we would wish them to, and that their decisions are carefully considered with a view to the long term. In a world where we increasingly depend on interactions across the whole globe, pray that communication can break down barriers and enable us to live peacefully alongside all colours and creeds, sharing the world's bounty.

'When I lie down, I go to sleep in peace; you alone, O Lord, keep me perfectly safe.' Psalms 4:8

PRAYER REQUESTS & PRAYERS FOR HEALING

If you need prayer for yourself, a loved one or a friend please use the Greenbank Church Card [see reverse side] which can be found at the end of the church pews, and place it in the box at the front door of the church. Alternatively, prayer requests can be given to our Minister, Rev. Jeanne Roddick. Those for whom prayers have been requested will be prayed for at the monthly Prayers for Healing Service and throughout the month by members of the Prayer Group.

A Prayers for Healing service takes place on the 2nd Sunday of every month in the church at 6.30pm. (Enter by Link building). Everyone is welcome to attend.

Gillian Foy (638 6245)
Prayer Promoter

STAMPS AND POSTCARDS

Have you finished with your old postcards? We are still collecting them, along with the stamps. There is a rapid reduction in the number of postcards sold and sent so yours are more needed than ever. Feel free to delete the contents as we only look at the pictures.

Duncan McIntyre

WELL DONE AND THANK YOU

To Richard Scholfield and friends of the Royal Conservatoire who arranged and performed at the Moderator's Concert last month. A magnificent sum of over £700 was raised to help Williamwood School pupils in their bid to aid school rebuilding work in Ekwendeni.

TIME OUT

Time Out have a busy month in November:-

Thursday 2 November - Beetle Drive (fundraiser) - tickets available

Saturday 11 November - Church Fayre - jewellery and toiletries stall - donations welcome

Thursday 16 November - RNLI speaker

Thursday 30 November - Craft Night

As always, all members of the congregation and friends are welcome. Please call Moira McAldine (639 5968) or Sharon Mitchell (644 2448) for further details.

LODGING HOUSE MISSION

HARVEST

Sincere thanks to everyone in the congregation and Sunday Club departments who supported the Lodging House Mission by donating food and/or by making a donation of money at our Harvest Thanksgiving Service. Such was the quantity of food that two cars were required to transport it to the LHM, and I understand that cash and cheque donations to date total in excess of £1000. All of your donations are greatly appreciated by the LHM, and help them to continue to provide a much needed service to those who need it. Sincere thanks are also due to the staff and children of Hazeldene Nursery School in Newton Mearns who once again supported the LHM by donating a large quantity of food. Lodging House Mission was also extremely grateful to receive a large flower arrangement which had formed part of our church decoration on Harvest Sunday.

SATURDAY OPENING

Saturday opening continues at the LHM with the support of churches in Glasgow Presbytery. Fifteen churches participate in a rota to provide a team of four people each Saturday. The next date on which Greenbank will provide a team is Saturday, 16th December, and we are grateful to Anne Muir, David Dowell, Elizabeth McKenzie and Susan Wilkie who will be on duty that day. If this is something with which you would like to be involved, please let me know.

GLASGOW WINTER NIGHT SHELTER

The Lodging House Mission is again set to host the Glasgow Winter Night Shelter which will run from the beginning of December 2017 until the end of March 2018. This is a joint initiative between Glasgow City Mission, who run it, and the Lodging House Mission, who host it.

CHRISTMAS CARDS

Christmas cards will again be sold to raise funds for the Lodging House Mission. Cards are on sale in the Fraser Hall each Sunday after the morning service from now until mid-December. Cards are sold in packs of 10 which cost £3.50. Thank you for your continued support, which is much appreciated.

Alison Allan (638 3916)



JUST FOR LAUGHS (with thanks to Blair Miller) something to keep us chuckling over the winter months.

The sermon this morning: "Jesus Walks on the Water." The sermon tonight: "Searching for Jesus."

Our youth basketball team is back in action Wednesday at 8pm in the recreation hall.

Come out and watch us kill Christ the King.

The Fasting & Prayer Conference includes meals.

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

CREATING A DEMENTIA FRIENDLY SOCIETY

Recently I attended an inspirational event in St Aidan's church and received a lot of helpful information which I felt should be shared more widely.

Creativity doesn't seem to be impaired. Music for example, stimulates almost every part of the brain. A healthy person has 100 billion brain cells, so even with dementia there are still many left. Hearing is the first sense to develop and is the last to go so musical activities are of particular importance to the improved quality of life for both the person with dementia and the person who cares for him/her. It can be a way of re-connecting with a loved one. We are fortunate that in our area there are a number of initiatives which offer friendship, support and activities for those living at home and their carers.

Mearnskirk Church offers 4 hours of food, friendship and a whole range of activities.

Netherlee Church offers 3 hours as above.

Stamperland Church hosts a Heart for Art group

Merrylea Church has a Singing group from 2pm- 3pm -the next meeting is Friday 3rd November.

Finally, some useful phone numbers, Email addresses and websites:

Alzheimer Scotland has a 24 hour Helpline: Freephone 0808 808 3000 E-mail helpline@alzscot.org www.alzscot.org

www.dementiacircle.co.uk This site provides good information about Technology for people living with dementia.

E-mail info@playlistforlife Telephone 0141 418 7184. Playlist for Life harnesses the power of Music and can help bring back memories.

Care Inspectorate, Life Changes Trust, Scottish Care and Abbeyfield have produced a booklet to help when visiting someone in a care home.

Marie Forster

BUSHIDO KARATE CLUB

At Bushido we have a great mix of female and male students of all ages and the five fastest growing sports for girls in Scotland have been revealed, with karate topping the list. New figures published to mark the start of "Women and Girls in Sport Week" show females are getting involved in more diverse sports. The biggest increase in participant sessions between 2011/12 and 2016/17 was in karate, with a rise of 248%. This was followed closely by dodgeball, up 221%, cross country recorded a rise of 120%, tennis 97% and rugby union 89%. Our students are currently working towards their next grading and preparations are on schedule.

Best wishes,

John, Bushido Karate Association Chairman

THE COVER

This month's cover shows images from Armed Forces Memorial in the National Arboretum, Staffordshire. It honours those members of the Armed Forces (Regular and Reserve) who were killed on duty while performing functions attributable to the special circumstances and requirements of the Armed Forces, or as a result of terrorist action, and those who died while deployed on designated operations.

Since the end of World War II the men and women of the Armed Forces, often supported by the Royal Fleet Auxiliary and the Merchant Navy, have taken part in more than 50 operations and conflicts across the world, often as part of United Nations, NATO or other international coalitions. Their names are carved into the walls of the Memorial.

The Memorial also recognises that it is not just Service Personnel who've made the sacrifice. Behind every name on the Memorial are the wives, husbands, partners, parents, children and colleagues who loved them and who live with the pain and consequences of their loss every day.

The centrepiece of the Memorial is two large bronze sculptures, representing loss and sacrifice, on either side of a central bronze laurel wreath. Created by Ian Rank-Broadley, the sculptures bear silent witness to the cost of armed conflict.

To the north, a Serviceman is raised aloft on a stretcher by comrades. On either side family members look on - a mother clasped by a child and an older couple clutching each other in anguish. It bears witness to the cost of armed conflict to those left behind - the families, loved ones and friends who live with the pain and consequence of their loss for the rest of their lives.

Opposite, the body of a warrior is being prepared for burial by female and Gurkha soldiers. The figure before the double doors points to a world beyond through *The Eternal Gates to Paradise* where the warrior will rest. To one side stands the figure of the letter cutter carving the inscription "We remember them today, tomorrow, forever". At the 11th hour of the 11th day of the 11th month the sun's rays stream through the door of the sculpture, illuminating the wreath in the centre of the Memorial.

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GOOD NEIGHBOUR CONTACTS

EDITOR	Alison Harvey 638 3679 E-mail: alih21@virginmedia.com
DISTRIBUTORS	Gordon & Margot Blyth 638 7646
LIFE & WORK	Ian McTurk 638 4649
OFFICE	The Church Secretary, Greenbank Church Office 644 1841 36 Eaglesham Road, Clarkston, G76 7DJ Office Hours: Monday & Tuesday 9.15 - 12.15 Thursday & Friday 9.15 - 1.45 E-mail: greenbank.office@tiscali.co.uk Website: http://www.greenbankglasgow.org.uk



The date for '2017 Clarkston Christmas Lights Switch On' is Saturday 18th November from 12 noon to 5pm. Greenbank will once again host a tea tent at this event which welcomed over 11,000 people to Clarkston Car Park last year. This is an opportunity to offer Greenbank's renowned hospitality to the local community. Volunteers are needed to staff the tent for hourly intervals during the event and home baking is also required. If you can help please contact the church office at greenbank.office@tiscali.co.uk or telephone 644 1395. Alternatively please write your name on the sheet which has been placed in the Centenary on Sunday morning.



GreenbankParish
CHURCH

Minister: Rev Jeanne Roddick. Tel: 01416441395
Session Clerk: Derek Christie. Tel: 0141 6380044.
Depute Session Clerk: Peter Liddell. Tel: 0141 6387870.
Church Office: 0141 644 1841. Email: greenbank.office@tiscali.co.uk
Church Address: 36 Eaglesham Road, Clarkston, Glasgow, Scotland. G76 7DJ.
Congregation No: 160863. Registered Charity No: SC011453.