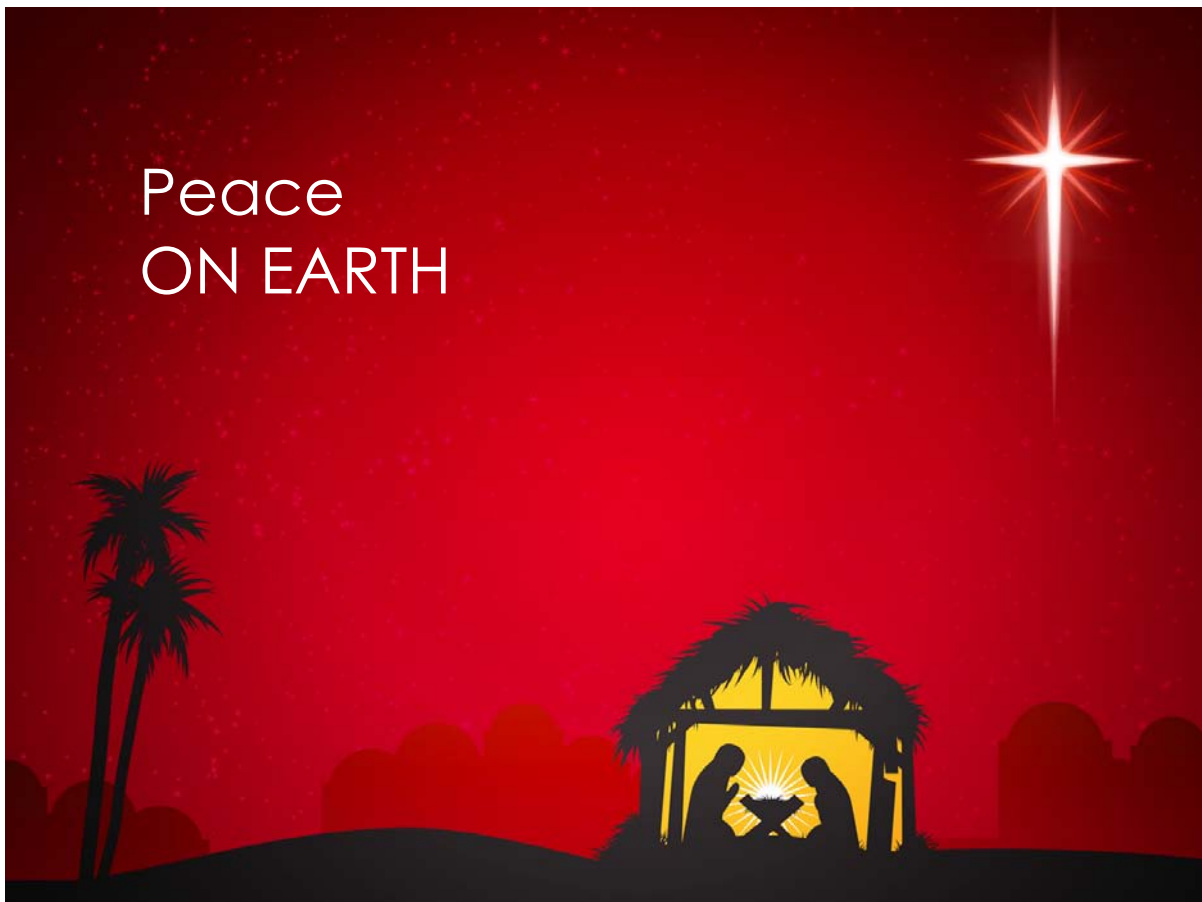


December 2016

# thegoodneighbour



Living our **faith** by our **actions**

at the heart of the **community**

# Parish Register

## BAPTISMS

16/10/16 Matilda Thea McMaster, Mearns Road

Matilda was born on the 4<sup>th</sup> May 2016 at 12.28 am in the Queen Elizabeth University Hospital, Glasgow. She weighed 8lb 5oz. Her parents are John and Doreen and she has two brothers, George who's four, and Ewan, three. Matilda's godmother is her aunt, Yvette Harvey. The McMaster family enjoyed having all their family and friends together at the church before having afternoon tea at the Clarkston Bowling Club.

16/10/16 Marnie Isabella MacTaggart, Sebright House, Coate Street, London

Marnie was born on 2<sup>nd</sup> August 2016 at 4.35pm in Hackney, London. She weighed 8lb 1 oz. Marnie is the first child for Lorraine and Gary. She has many cousins, all of whom were at the christening. Marnie's god parents are Lorraine's sister, Victoria, and her partner, Luke. Living in London meant it was difficult for all the family to meet Marnie so this special occasion made it possible.

## DEATHS

2/11/16 Mrs Catherine (Rina) McKee, Stamperland Avenue, Clarkston,

6/11/16 Mrs Joyce McMeeking, Glendoune Road, Clarkston

## PULPIT DIARY

4 <sup>th</sup> December	10.30am	Gift Service & Sunday Club
11 <sup>th</sup> December	10.30am 6.30pm	Sacrament of Holy Baptism & Sunday Club A Time to Remember
18 <sup>th</sup> December	10.30am 7.00pm	Family Nativity Service Festival of Nine Lessons & Carols
22 <sup>nd</sup> December	5.00pm	Christmas Family Film Night
24 <sup>th</sup> December	6.30pm 11.30pm	Children's Christmas Eve Service Watchnight Service (mince pies & mulled wine in the halls at 11pm)
25 <sup>th</sup> December	10.30am	Christmas Day Family Worship
1 <sup>st</sup> January	10.30am	Sunday Family Worship

Hi Folks,

*Welcome to December's Good Neighbour. As Jeanne is away for a few days well-earned rest before the onslaught of Christmas, she has left it up to me to write the pastoral letter this month. Dangerous move! As a result, this month you are going to get two letters. (Think of it as a BOGOF) One from me and the second one, a resurrected one, which Jeanne retrieved from the Church archives.*

Dear Friends,

Once again we find Christmas approaching with alarming speed. A wee break before the chaos found me down in York. While strolling down the Shambles, I came across the Christmas Shop. I was amazed at the number and variety of Christmas decorations and ornaments. The stars, the angels and the sparkly lights all brought a smile to my face. I took great delight in admiring the many glass baubles, the colours of which were striking. I've now got a few more and look forward to seeing them adorn my tree.

Glass baubles, or kugels, originated in the 1840's, from Lauscha in Germany. They became popular here in the 1880's when F.W Woolworth started to import them into the country. Glass blowers used leftover glass and turned them into globes or baubles which were given to friends or family as a token of love or friendship. The baubles, round, spherical were smooth and had no sharp edges or points. They were clear and transparent with nothing and nowhere to hide. No beginning and no end. No sides.

Looking back, 2016 has been a difficult and challenging year. The war in Syria, the refugee crisis, Brexit and more recently the American elections have caused us to question not only the reasons for the war and the ensuing refugee crisis but also the ethics and morals of some of the people in whom we're supposed to place our trust. Not everyone has been clear and transparent. Some have their own agenda and things they would rather have kept hidden. However votes were cast and decisions have now been made. Some of these decisions have caused rifts, not only between towns and cities, nations and countries but also between friends and neighbours and sons and daughters. Differences have become more apparent. Peace and goodwill to men seems to be becoming harder to attain and getting further from our grasp. Principles which we hold close to our heart have come under scrutiny and are being tested. It is difficult to hold on to one's principles when they are being attacked from all sides and Jesus' simple lesson and instruction to love our neighbour as we love ourselves appears to have gone out the window. So now it's Christmas; a time that should bring us glad tidings of great joy. And, as I decorate my tree this year I will look at the ornaments. I will see the stars and think of the star leading the Wise Men to the stable. I will see the angels and recall the angels comforting and reassuring the humble shepherds as they watched their flock. I will see the lights and remember Jesus is the light of the world. I will see the gifts round the tree and thank God for the gift of his Son and I will see the baubles; once given with love and in friendship; round, spherical, so clear and transparent. No points, no edges, no beginning and no end. No sides.

This Christmas, as we gather round the tree and look down on the Nativity scene, let us hope and pray that in 2017 rifts will heal, divisions will merge, our differences can be resolved and Peace on Earth comes to all. Wishing you a peaceful Christmas,

Yours, Alison

This was written 100 years ago by the Rev James Fraser the Minister of Greenbank whose three sons were away at war. He wrote this, his 1917 New Year Letter:

My Dear Friends,

Just a word to wish you all the old, old wish "A Happy New Year". But some may say in these troubled days of war when thousands of homes are in sorrow and anxiety is it right, is it appropriate to address to each other this old wish? Can there be any real happiness to anyone today, especially to any one whose family and friends have paid the supreme sacrifice or who are in uncertainty about the fate of loved ones far away? No. It is only natural that they should have a passing sadness at this New Year when families and friends gather round the domestic hearth.

To many, a desolate home the past year will never be forgotten. At the same time I believe that the old wish is perfectly justifiable and is quite appropriate in present circumstances for it includes comfort to the sorrowful, strength to the weak, encouragement to the downhearted and nothing is finer to see than the brave, cheerful, patient, spirit manifested by the majority of those who have come through the fires of suffering. Their losses have been painful, their bereavements have been trying, their sorrows have been searching, but through it and in all they have shown a determination.

That does not slacken their hands from work and they have exhibited a brightness of spirit that has done good to others as well as themselves.



We earnestly hope and pray that before this year is very old there may come forth peace but before peace we want righteousness.

We can earnestly pray for peace, a permanent and honourable peace and not a patched up peace.

We trust in God and in our valiant men by sea and land and, in our hours of anxiety and sadness, let us through prayer and faith cast every care upon him assured that he cares for us. While we would linger over the past, the future calls us and every one must turn and do his part.

"The past is a story told. The future may be writ in gold".

Rev James Fraser

Angus McIntyre Fraser, Rev Fraser's youngest son, died on 19th June 1918 at the No. 30 Military Hospital in Calais aged just 25.

## SPORTING GREATS 1



Many congratulations to Alan Guy who participated in and piloted the JAPES joelette in the Great Scottish Run on the 12th of October.

JAPES - Joelette and People's Experience,

In 2014 Nelson Liddle ran the Rome Marathon and witnessed for the first time a group of runners helping a young boy pass the finish line in a Joelette. A Joelette is a wheelchair that can be used on all terrains and enables people with disabilities to get involved with more active activities, like marathon running and off-road walking. Nelson saw the look of delight and happiness on this young boy's face as the crowd cheered him on. It was here that the inspiration for JAPES started.

Alan was picked by *PAMIS*, an organisation established in 1992 to provide support for people with profound and multiple learning disabilities (PMLD), their family and carers and interested professionals mainly because of his bubbly, happy personality. This proved to be a good choice as Alan successfully piloted the joelette round George Square – St Vincent Street – The Hydro - Over the Kingston Bridge – Scotland Street – Pollok Park. As they passed 6 bands playing music, Alan made them stop so he could get out and dance. Brilliant!

## KIRK SESSION – WHAT DO THEY TALK ABOUT?

The Kirk Session met on 7<sup>th</sup> November with 59 members attending and they discussed a wide range of issues.

**Worship:** There was a request for volunteers to help form a Worship Group. This is open to all members of the congregation and the concept is to create teams who would participate in worship. If you are interested contact **Fergus Cook**. Messy church attracts about 35 children each meeting. Volunteers are also required to help Messy Church in the area of advertising and providing updates for Good Neighbour. If you can help contact **Lorna Preece**.

**Outreach:** The Kirk Session received updates from our representatives for Williamwood House, Glasgow North East Foodbank, and the Lodging House Mission, which is looking for volunteer teams to open on a Saturday during the day. If you can help, contact **Alison Allan**. Reports were also received from Christian Aid where Greenbank again participated in the sponsored swim. The community choir continues to grow with about 60 folk attending each week. They are preparing for their Christmas Concert on the 7<sup>th</sup> of December in the church.

**Finance:** The Financial Position was updated and it was noted our overall offerings had increased for the 42 weeks to 16<sup>th</sup> October by 0.9%. Recent contributions from church organisations have been received from The Colour Circle, Friendship Café, and Film Society. External organisations continue to generate useful income. The Treasurer presented his budget for 2017. He pointed out the declining roll was having an adverse effect on total giving while Fabric Expenditure continued at a relatively high level because of the age of our buildings. The Kirk Session approved the budget.

**Fabric:** The replacement of the central heating boilers to the church and halls is now complete. Douglas Carswell, the property convenor, reported that the manse boiler had been replaced and there has been a significant improvement in the heating. Thanks were expressed to band of volunteers who did paint touch up jobs round the halls recently. The Kirk Session approved essential repair work to the Church high level roof and gutters at a cost of £4,400. An appeal was made for folk to meet onsite contractors during the day to obtain estimates for future work. If you can help contact **Douglas Carswell**.

**Fellowship:** The Kirk Session received a report on the very successful Ladies Night. It was noted there are a large number of future events in the next few months including *Christmas at the Manse* in aid of the Al Shurooq School for the blind in Bethlehem, and *Christmas Family Film Night* on Thursday 22<sup>nd</sup> December. There are spaces available on most runs for folk requiring transport to church on Sunday. If you would like to use this, contact **Bill Robertson**.

**Youth:** The Kirk Session received reports from JAM (S1-S6) who meet in church on a Sunday Morning and have 13 members. They have recently redecorated the old session house above the vestry. The Sunday Club is still looking for a Superintendent. They are now preparing for the Nativity Play on the 18<sup>th</sup> of December. Hilary Carswell reported that funds are still being sought for a proposed youth club.

**Glasgow Presbytery Volunteer Co-ordinator:** Dawn Barrett introduced herself as the Volunteer Coordinator for youth and families and explained that Greenbank was one of five churches who would take part in the year's pilot exercise. The purpose of the pilot was to support volunteers and help the congregation think of how people volunteer, how much they do, how they are trained and supported and how to persuade others to take on volunteering roles. Dawn expressed a wish to work with the youth coordinator, Maureen McAughtrie, and a member of Kirk Session to consider those who volunteer to work with families and young people.

**Stated Annual Meeting:** Under our Unitary Constitution the accounts of the church are now approved by the Kirk Session – previously it was the congregation, and the formal purpose of the Stated Annual Meeting has largely disappeared. The Kirk Session has agreed to change the format to an evening perhaps in June when the work of the various organisations could be celebrated and volunteers thanked.

**Other Matters:** Alan Veitch reminded the Kirk Session of the date of the next Kirk Session Coffee Morning on Saturday 25<sup>th</sup> March 2017. Elders were encouraged to subscribe to Life & Work the Church of Scotland magazine as it contains many well written and informative articles. If you wish to subscribe contact **Ian McTurk**

(Please speak to your elder if you would like further information on any of the above.)

# What's On

## THE GUILD

### Diary

7 December	12.30pm	<i>Christmas Lunch</i> Cathcart Castle Golf Club
2017		
11 January	2.15pm	<i>It Is Your Money – Look After It</i> Graham Vance
18 <sup>th</sup> January	2.15pm	<i>Music, Magic and Message</i> Rev John Campbell
25 <sup>th</sup> January	2.15pm	<i>Robert Burns</i> Jim Guy

As there is no Good Neighbour printed in January details of the syllabus for January 2017 are given above.

At the time of writing we do not have a total amount to announce from the proceeds of the Sunshine Bags. We will give details in the February Good Neighbour.

Again, we cannot give precise details of the amount raised at the Baking Stall at the Winter Fair. It looked to be in the region of £400. Thank you to all contributors.

The first half of our session has been most successful and enjoyable. It is so good to see the hall full on a Wednesday afternoon and judging by the noise at tea time everyone seems to be having a good time. Please all come back in the New Year.

We look forward to our Christmas Lunch on 7<sup>th</sup> December and wish members of the congregation a happy and peaceful festive season.

Enid Dron

## CLARKSTON COMMUNITY CHOIR CHRISTMAS CONCERT

**7.30pm, Wednesday 7th December, Greenbank Parish Church**

Come along and hear the Clarkston Community Choir perform a selection of classic Christmas songs, from Bing Crosby to Mariah Carey - there's something for everyone! Joined on-stage by a fabulous 13-piece orchestra comprised of students from the Royal Conservatoire of Scotland, the choir will be sure to set your foot tapping and get you in the festive spirit! Tickets £5 available on the door, include a cup of tea/coffee and a mince pie after the concert.

If you're interested in joining a choir and looking for a fun night out each week, this concert is a great opportunity to see what the Clarkston Community Choir is all about. We don't have any entry requirements and we don't hold auditions - all ages and abilities are welcome. We rehearse each Wednesday night 7.30pm-9.30pm in Greenbank Church Halls.

## BURNS SUPPER 29<sup>TH</sup> JANUARY 2017

WHA'S LIKE US?

Well, come and find out.

Tickets priced £16 will be on sale on Sunday 27th November after church in Fulton Hall of Friendship.

Jan Millar

## CHRISTMAS AT THE MANSE

This year's coffee morning in Greenbank Manse in aid of Al Shurooq School for the Deaf in Bethlehem is being held  
on

**Tuesday 13<sup>th</sup> December from 10am to 12 noon.**

There will be tea, coffee, home baking and gifts for sale as well as a festive atmosphere. Tickets cost £2 and are available from Anne Margetts (644 3820) or pay at the door.

## THE FILM SOCIETY

The Film Society meets on a Monday evening. It runs from September through till April and shows a wide range of films to suit every taste. If you thought you missed the chance to see Seven Brides for Seven Brothers, think again. After a technical blip (they were playing it at 78rpm!) you can get to see the re-run on the 12th of December.

The programme for now until February is as follows:

12th December	Seven Brides for Seven Brothers (1954)	Howard Keel & Jane Powell
9th January 2017	The Third Man (1949)	Joseph Cotton, Orson Wells
7th February	The Taking of Pelham 123 (1974)	Walter Matthau, Robert Shaw

Everyone is warmly invited. Not sure about the popcorn but have heard they make a good tablet!

## LUNCH CLUB

The first Lunch Club of the New Year will be 27th January 2017.

Anyone wishing transport please call the church office on 0141 644 1841.

Maureen, Jan and all the Team

## CHRISTMAS FAMILY FILM NIGHT

### Thursday 22nd December 2016

Greenbank Parish Church invites you to come for a mulled wine and mince pie and enjoy the Christmas classic *It's a Wonderful Life* @ 5pm - ALL WELCOME

While you're enjoying the movie, Kids 3+ will be looked after in the free crèche. Children 3 and under are welcome but a parent must stay with them. The children's movie will be shown in the church hall along with crafts and activities. Hot dogs and refreshments will also be provided for the children on arrival.

This is a free event run by the church, but a donation on the night would be appreciated.

Please ensure you book your child into the crèche: numbers will be limited and we cannot guarantee a place if not pre-booked. Please call Gill Hunt 07584 437587 to book or comment on this event, with your child's name and age. A registration form will also be required to be completed on arrival. Please arrive through the church hall doors for the crèche. If you are only going to "It's a Wonderful Life" you can enter through the main church door.

Refreshments will be provided after the movie.

*It's a Wonderful Life* starts at 5.15pm sharp in the church.

Crèche is open from 5pm in the Fraser Hall. (Parents must stay on the church premises at all times).

## TIME OUT

Our syllabus for 2016/7 is as follows:

### 2016

1 December	Craft Night
15 December	Christmas Night Out

### 2017

12 January	Music & Movement
21 January	Coffee Afternoon
26 January	Burns Supper/Swap Shop
9 February	Malawi Trip Talk by Rev Jeanne Roddick (tbc)
9 March	Guide Dogs for the Blind
23 March	AGM

Thursday evening meetings are held in the church hall and begin at 8pm.

Anyone wishing to join us on any of our evenings will be made most welcome. For further information, please phone Catherine Hart tel. 639 9496 or Moira McAlidine tel. 639 5968 for more details.

## MESSY CHURCH FRIDAY 2<sup>nd</sup> DECEMBER, 4PM – 6PM

For more details, to book a place or offer help, please phone/text Lorna Preece at 07970192541 or email: messygreenbank@gmail.com

# News and Updates

## ED LINES

Hi Folks,

I have just completed a "muddy run." In a mad moment some of my friends and I signed up for it. I had been warned in advance about the danger of losing footwear. I told my friends to ensure their shoes were firmly secured to their feet. I wasn't exactly smug but I was quietly confident that I would be the one who would definitely be okay. Some may say I got my "comeuppance", or in my case "comedownance". First muddy puddle and down I went like a ton of bricks and off came my shoe! Once my friends had recovered from fits of laughter, we ploughed on manfully or perhaps that should be "womanfully", pushing and shoving, tugging and towing and supporting each other along the way. A bit further on we came to another mud bath. As I negotiated my way to the other side, I discovered some other poor soul (no pun intended) had lost their shoe. Well, if the shoe fits . . . it didn't but I didn't let the fact that it was a size 12 stop me. I claimed it as my own.

Sometimes we think Karma doesn't work. We feel hard done by and that we don't get what we deserve. In fact sometimes it can give us a right good kicking; but isn't it nice when it works and we do.

Alison

## ARTICLES FOR THE FEBRUARY ISSUE OF GOOD NEIGHBOUR SHOULD BE SUBMITTED BY SUNDAY 15<sup>TH</sup> JANUARY PLEASE

### THANK YOU

We would like to take this opportunity to express our gratitude to the many people from Greenbank who have supported and remembered us in countless ways during Joyce's illness and since her passing.

We have been overwhelmed by your kindness to our family.

Tom McMeeking, Jane Mayer and Shirley Billes

### THANK YOU

To Peter and the Greenbank Choir for a prayerful presentation of Psalm 23 on Sunday 30<sup>th</sup> October.

### CHRISTMAS FAIR

Many thanks to all those who baked, helped, served, sold, washed up or turned up at the Christmas Fair on Saturday the 12<sup>th</sup> November. A magnificent turn out and the magnificent sum of £2,800 was raised.

Well done everyone.

## 223RD GLASGOW COMPANY BOYS' BRIGADE CHRISTMAS CARD DELIVERY 2016

The BB boys will be delivering Christmas Cards within the Parish again this year.

The collection box for these will be located in the vestibule of the church from Sunday 27<sup>th</sup> November until 10:30 on Sunday 11<sup>th</sup> December and cards will be delivered as soon as possible thereafter.

Please note that cards can only be delivered within the Parish boundaries as shown on the map on the front of the collection box.

## FORMATION OF WORSHIP GROUP

Those of you who have managed to church may already have seen an intimation regarding this group. Our student minister, Fergus Cook, is looking at the feasibility of creating a Worship Group within Greenbank Parish Church. This group will be open to all members of the Church.

The concept of the group is to form a small team, or possibly teams, of people who would be prepared to participate in, and ultimately, as a group, lead worship. There was a meeting after church on Sunday 20 November 2016 however if you were unable to attend but are interested in joining then please contact Fergus for more information on 07552 924999.

## ARMISTICE SUNDAY 2016 TUNE

## SELECTION



Over the last 8 years, a lot of the congregation have asked what tune I played at the Armistice Service and sometimes why? 2016 marks a century since the truly horrific campaigns at Verdun and the Somme. My Dad was born in 1916, and both my Grandads were severely wounded in July 1916, one at Thiepval and one at Longueval. What they wrote in "trench" diaries is not repeatable in Church. However, having just finished reading Lord Douglas Haig's "War Diaries & Letters" – the carnage was a surprise, as they were told that the opposition would be light as the German lines had been heavily shelled for a week – regrettably not the case!! Both my Grandads said that the Germans were very brave, and compassionate, in terms of helping wounded troops being recovered by having short "cease fires". Both of my Grandads lived due to this arrangement and I for one am eternally grateful!! There was therefore only one appropriate tune for 2016 – "The Battle of the Somme" a truly memorable Slow Air.

Ross McAlaine

## **LIFE & WORK**

As we approach another New Year, could I encourage members of our congregation to subscribe to Life & Work magazine through annual subscription?

Life & Work is an informative and interesting magazine full of news, letters and items of interest from home and abroad, some interesting, some thought provoking and some amusing. It is also a written record of all activity within the Ministry local and national. In recommending this magazine to our congregation I would welcome interested subscribers to contact me directly.

*N.B. To all current subscribers and interested subscribers*

Life & Work magazine will be £2.50 per issue for 2017 (up 30p. per issue)

Annual subscription for 2017 for 12 issues £30.00

Ian Mc Turk (638 4649)

## **CHRISTIAN AID**

The annual Christian Aid Sponsored swim took place at Eastwood pool on Saturday 8th October. Congratulations to the 8 participants from Greenbank. The total number of swimmers from all the churches represented was 43, which was similar to last year. The sum of the sponsorship money raised by our swimmers stands at a creditable £598, and I will give a final figure of all the sums raised from all the participating churches in due course. The event itself ran very smoothly with most of the participants completing the target of 20 lengths of the pool with a well-earned refreshment after their hard work. Certificates have been prepared for presentation to the Greenbank swimmers and will be presented during the morning service in the near future. In November, the Art Group sub-committee began the organisation of the next fundraising event to take place on 11<sup>th</sup> March 2017 which will be the Annual Art exhibition and sale, this year again taking place in the Carmichael Hall at Eastwood Park. On behalf of the Clarkston and District Christian Aid Committee, I would like to thank everyone at Greenbank for your support of the fundraising efforts for Christian Aid during 2016 and wish you a peaceful Christmas and a Happy New Year.

Mark Allan

## **RECYCLING UPDATE NOVEMBER 2016**

Every household will have received the booklet from ERC giving full details of the kerbside recycling instructions. An extract from the booklet is displayed on the ECO noticeboard.

Please note that we can now recycle: CLEAN ALUMINIUM CARDBOARD and CARDBOARD LINED CARTONS at the kerbside and at Church.

It is important to put items in the CORRECT BIN otherwise that bin will NOT BE COLLECTED.

IN ADDITION TO THE ITEMS RECYCLED IN THE WHEELIE BINS, THE FOLLOWING CAN BE RECYCLED AT CHURCH FOR GOOD CAUSES.

- a. SPECTACLES- for Third world countries, often enabling adults to find work and children to attend school.
- b. INK CARTRIDGES AND LASER JETS - (not Epson or unnamed types). Proceeds to Christian Aid.

Bins for the two items above are in the corridor (opposite the toilets).

- c. MOBILE PHONES -Proceeds to Christian Aid. (Envelopes for these are on the Eco notice board.)

- d. STAMPS-- are collected by The Guild for the Cof S good causes.

- e. POSTCARDS— for Christian Medical Society see Duncan McIntyre or put these into the box inside main entrance of the Church.

PLEASE ONLY PUT ITEMS THAT CANNOT BE RECYCLED IN THE RUBBISH BINS.

Thank you for your help in our aim to eliminate unnecessary waste.

The Eco Group

## **LODGING HOUSE MISSION**

The sale of Christmas cards to raise funds for the Lodging House Mission is underway. Cards are priced at £3.50 for a pack of 10. Sales will continue after the service each Sunday in the Fraser Hall until 11th December. Come along for tea/coffee after the service and have a look at the cards. If anyone is unable to attend church and would like to purchase cards, please contact me and I will arrange to let you see them.

The following two appeals for volunteers have been made by the Lodging House Mission:

## VOLUNTEERS FOR GENERAL KITCHEN AND HALL DUTIES

Lodging House Mission urgently require volunteers for general kitchen and hall duties. The workload is not physically or mentally taxing but is very necessary to our Christian service and outreach and you will meet a lot of interesting people. We are very flexible on working hours, but as an indication, most volunteers do 1 day per week, working 9.30am till around 2pm. However, we can accommodate most working patterns.

Please phone Helen Hart at the LHM in the first instance on 0141 552 0285 if you would like to respond to this appeal.

## VOLUNTEERS TO ALLOW LHM TO OPEN ON SATURDAYS DURING THE GLASGOW WINTER NIGHT SHELTER

**THE LODGING HOUSE MISSION** is a lifeline for some of the city's most vulnerable people. It is open Monday to Friday, and on average 100 homeless, vulnerable and socially excluded people visit on a daily basis. In the winter months the night shelter opens at LHM from 1st December, and this year LHM would like to **extend their opening hours to include a Saturday**, allowing people to use the space instead of leaving the building at 7.30am with nowhere to go until the shelter reopens at night. The existing staff and volunteers work tirelessly at LHM and, like many charities, they are always grateful to have more individuals volunteering. LHM have thought about the different ways they could extend the service and have developed a unique opportunity to allow congregations to directly support LHM: they're asking congregations to arrange a team of volunteers **to allow the service to operate on Saturdays** (separate from any individuals who already volunteer on weekdays). They need four people from 9am-3pm to volunteer with a LHM staff member who will be responsible for the overall running of the day. The six hours per person can be shared by two people who choose to split the hours or it can be one person that is a choice for congregations to make. They hope to have support from at least 12 congregations to volunteer their time for this vital service for vulnerable and often excluded people. 12 congregations working together with LHM would mean that a congregation would only need to commit to one Saturday every 12 weeks to make a huge impact on the lives of people in their city. Six hours from a congregation's time would allow this service to support people for an extra day every week. What would you be doing? You would help with breakfast and lunch and clearing away dishes. You would also be engaging with the service users and would, of course, be supported by a LHM staff member. If this is an opportunity that you feel you could help Greenbank engage in please put your name and contact details on the sheet in the centenary chapel so that a rota can be organised.

Alison Allan (638 3916)

## FLOWER LIST FOR DECEMBER 2016 & JANUARY 2017

	<u>Communion Table</u>	<u>Centenary Chapel</u>	<u>Side Windows</u>
4 <sup>th</sup> December	Marie Forster	Mrs Spelman	
11 <sup>th</sup> December		Vera Reid	
18 <sup>th</sup> December			
25 <sup>th</sup> December	Allan Johnston		
<u>2017</u>			
1st January	Bert McCrum		
8 <sup>th</sup> January	Bill Stein		
15 <sup>th</sup> January	Jan Millar	Betty Ritchie	
22 <sup>nd</sup> January	Calder Watson	Howard Family	
29 <sup>th</sup> January	Isobel Livingstone	Jane Livingston	

The Flower Lists for 2017 are now on the transept windows; you are invited to put your name and telephone number on a list to donate flowers on the date of your choice. A member of the Flower Committee will contact you during the week prior to this date.

Elizabeth Cross (638 5162)

## PRAYER REQUESTS & PRAYERS FOR HEALING

If you need prayer for yourself, a loved one or a friend please use the Greenbank Church Card [see reverse side] which can be found at the end of the church pews, and place it in the box at the front door of the church.

Alternatively, prayer requests can be given to our Minister, Rev. Jeanne Roddick.

Those for whom prayers have been requested will be prayed for at the monthly at the Prayers for Healing Service and throughout the month by members of the Prayer Group.

## BUSHIDO KARATE CLUB

We have had another successful year and we wish all our friends at Greenbank Church a wonderful Christmas and New Year.

Below are some quotes from Karate Masters:-

Karate-Do is a lifetime study." ~ **Kenwa Mabuni**

A punch should stay like a treasure in the sleeve. It should not be used indiscriminately. **Chotoku Kyan**

"The ultimate aim of Karate lies not in victory or defeat, but in the perfection of the character of its participants." - **Gichin**

**Funakoshi**

When you look at life think in terms of karate. But remember that karate is not only karate -- it is life. ~ **Gichin**

## Funakoshi

"Karate begins and ends with courtesy." ~ **Gichin Funakoshi**

"Even after many years, kata practice is never finished, for there is always something new to be learned about executing a movement." ~ **Shoshin Nagamine**

"Karate-do may be referred to as the conflict within yourself, or a life-long marathon which can be won only through self-discipline, hard training, and your own creative efforts." ~ **Shoshin Nagamine**

"A good technique is beautiful but a beautiful technique is not always good." -**Kanazawa**

"When doing martial arts and sport you should think about three things in particular -

1. To make the impossible possible.
2. To make good friends and create better human relationships
3. To encourage the 'spirit of challenge'" **Kanazawa**

"In Karate if you do 10 techniques, 100 techniques or even 1000 techniques you must concentrate and perform each technique to the best of your ability otherwise it has no meaning. This is the way of Karate." **Kanazawa**

Best wishes,

John

Bushido Karate Association Chairman

## GOOD NEIGHBOUR CONTACTS

EDITOR	Alison Harvey 638 3679 E-mail: <a href="mailto:alih21@virginmedia.com">alih21@virginmedia.com</a>
DISTRIBUTORS	Gordon & Margot Blyth 638 7646
LIFE & WORK	Ian McTurk 638 4649
OFFICE	The Church Secretary, Greenbank Church Office 644 1841 36 Eaglesham Road, Clarkston, G76 7DJ Office Hours: Monday & Tuesday 9.15 - 12.15 Thursday & Friday 9.15 - 1.45 E-mail: <a href="mailto:greenbank.office@tiscali.co.uk">greenbank.office@tiscali.co.uk</a> Website: <a href="http://www.greenbankglasgow.org.uk">http://www.greenbankglasgow.org.uk</a>



GreenbankParish  
CHURCH

Minister: Rev Jeanne Roddick. Tel: 01416441395

Session Clerk: Derek Christie. Tel: 0141 6380044.

Depute Session Clerk: Peter Liddell. Tel: 0141 6387870.

Church Office: 0141 644 1841. Email: [greenbank.office@tiscali.co.uk](mailto:greenbank.office@tiscali.co.uk)

Church Address: 36 Eaglesham Road, Clarkston, Glasgow, Scotland. G76 7DJ.

Congregation No: 160863. Registered Charity No: SC011453.



**Sunday Club Gift Service**  
**Sunday 4<sup>th</sup> December**  
**10.30am**

Everyone is invited to bring a gift along to help brighten up Christmas for children and families in need in Glasgow. Gifts are going to:

**SACRO-Scottish Council for the care and rehabilitation of Offenders** - For young people aged 13-18-at this time of year they would very much welcome gift vouchers for Argos, Boots, etc (no iTunes vouchers please).

**Newborn babies and Mums in Princess Royal Maternity Unit** - Baby clothes and toiletries

**Church House, Bridgeton** - Toys for girls and boys age 8-9

Please leave your new unwrapped gift under the Christmas tree in the church.  
**Thank you** for your support. Your help will make a big difference to their Christmas.



showing  
**Thursday**  
**22nd December**  
**@5.00pm**  
in the Church

Crèche for children in the Halls. Film and snack provided.

Please book with the church office or with Gill Hunt (07584 437587)